



PARENTS & CARERS MENU

Please choose either a hot meal or a Salad or Sandwich, followed by a hot or cold dessert.

BREAKFAST

A Continental Breakfast is served each day, please help yourself to the stock from the Children's menu in the kitchen.

LUNCH & SUPPER

Cottage Pie

Served with carrots and peas.



Chilli Con Carne

Minced beef, kidney beans and peppers in a chilli tomato sauce with vegetable rice.



Bangers & Mash

Pork sausages in gravy with mashed potato and peas.



Chicken Curry with Rice

Tender pieces of chicken in a mildly spiced curry sauce. Served with fluffy white rice.



Fish & Chips

Breaded fish, with peas.



Salmon & Broccoli Supreme

Served with mashed potato, carrots and peas.



Cauliflower Cheese & Broccoli Bake

Served with mashed potato, carrots and peas.



Omelette, Chips & Beans

A plain egg omelette served with oven chips and baked beans.



West Country Cheddar Macaroni Cheese

Macaroni pasta in a West Country Cheddar and ripened hard cheese sauce topped with Regato crumb; with carrots and green beans.



Provençale Vegetable Bake

Courgette, haricot beans and peppers in tomato sauce topped with sauté potatoes, with green beans, peas and broccoli.



JACKET POTATOES

Plain with Butter or Sunflower Spread



Jacket Potato & Baked Beans



Jacket Potato & Grated Cheese



Jacket Potato & Tuna Mayonnaise



SALADS

Mixed leaf with sliced tomato and cucumber.

Cheese Salad



Chicken Salad



Egg Salad



Avocado, Sweet Potato & Tomato Salad



SANDWICHES

Available on white or brown bread.

Just Ham

Just Cheese



Tuna Mayonnaise



Egg Mayonnaise



Chicken Mayonnaise



Humous & Chickpea



DESSERTS

Stewed Apple & Custard



Plum & Cherry Crumble



Rice Pudding (hot)



Strawberry Trifle



Thick & Creamy Yoghurt



Fruit Cocktail



Cheese & Crackers



Selection of Fresh Fruit



If you would like to order from the Junior Menu, please speak to the ward host/hostess. If this selection does not meet your dietary requirements, please speak to the ward host.

We also have alternative menus for those on Special Diets which include: Free From (for Food Allergies and Gluten Free), Modified Texture, Vegan, Cultural and Religious. Please ask your host for a copy.



This menu is made for multiple patient use.

**Please clean thoroughly with Clinell wipes
between patients.**

This has been approved by NHS IPC forum.

**If damaged or stained please dispose of
and contact helpdesk for replacements.**



PATIENT FEEDBACK

Patients are invited to share their experience by scanning the QR code provided. Simply use your smartphone camera to access a short feedback survey, where you can quickly and securely tell us about your meal service.

Your input helps us understand what we're doing well and where we can improve, ensuring we continue to provide the best possible care.