

LEADING THROUGH  
EDUCATION TO  
EXCELLENT  
PATIENT CARE



# LEEP

*Leading through Education to  
Excellent Patient Care*

**WINTER TERM 2026**



LEADING THROUGH  
EDUCATION TO  
EXCELLENT  
PATIENT CARE



***Leadership is a shared process of  
enhancing the collective and individual  
capacity of people to accomplish their  
work roles effectively***



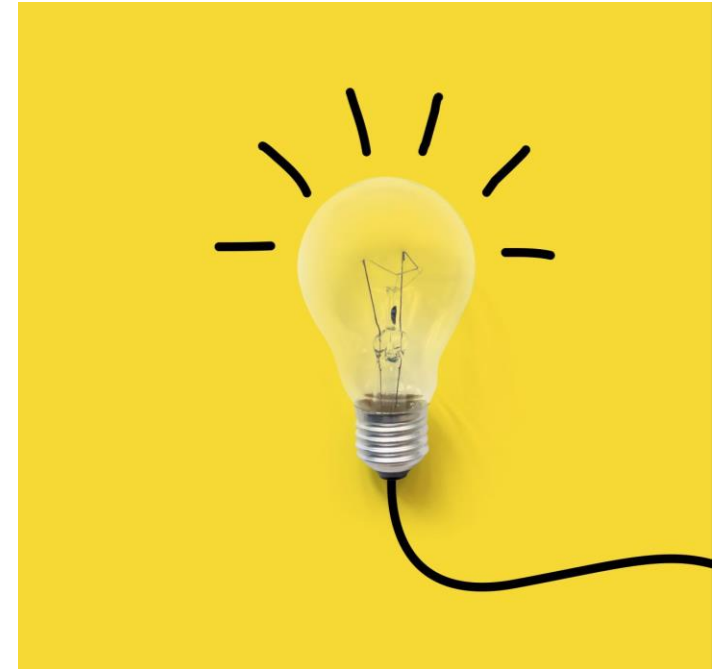
# Why is Leadership important?

- Great healthcare needs great leaders. The role of NHS professionals as leaders within the context of future multidisciplinary teams, has never been more important.
- Faculty of Medical Leadership and Management (FMLM) 2017 survey showed 97% of trainees agree that leadership was important but <50% felt their own training adequate to implement change.



# How Does LEEP Work?

- LEEP provides a multi-dimensional approach to development over the course of four modules
- Layered programme utilising spiral learning to continually revisit leadership development
- Each module is interactive with teaching on general principles and learning through sharing experiences and undertaking a QI project



# Why LEEP?

**LEEP** has been developed by NHS England to provide Resident doctors with a practical approach to Leadership.

**LEEP** is delivered to doctors and healthcare professionals as an investment in developing leadership skills in our workforce.

The course has an interactive approach to learning through reflections in small groups. In addition, there is the added value of accessing support for Quality Improvement (QI) projects as part of the course.



# Aim and Objectives

LEEP is a four-module leadership programme aimed at promoting leadership development and collaborative working across healthcare systems. The four modules are:

1. Developing self, behavioural 'human' factors and value based compassionate leadership
2. Developing team skills, promoting psychological safety and cultural safety
3. Enhancing quality improvement knowledge and application
4. Developing system literacy, working through challenges faced by healthcare staff in 21st century NHS



# Module 1: Developing Self

- Become familiar with different leadership concepts
- Gain an understanding of values, culture and system wide-innovation in leadership to support the delivery of 21<sup>st</sup> century healthcare
- Develop and identify your leadership style
- Describe the difference between leadership and management
- Understand compassionate leadership as a core value of healthcare
- Gain an understanding of what makes a 'successful' leader





# Module 2: Developing Teams



- Build on the leadership styles learning from module 1 and apply them to leading teams and developing networks
- Recognise the facets of what makes a 'successful' team
- Gain an understanding of how 'teaming' works
- Understand the difference between trust and psychological safety
- Gain an insight into human factors and how this affects teams
- Understand the temperament of team members to best utilise their strengths





# Module 3: Quality Improvement (QI) and Change management

- Understand the differences between Audit, Quality Improvement (QI) and Research
- Understand the principles of QI and the importance of why (the purpose)
- Complete a force-field analysis to gauge the level of acceptance and resistance and how these will impact your QI project
- Understand the principles of change management to make a positive difference
- Undertake a step back approach to test your QI ideas and get feedback from colleagues



# Module 4: Systems Leadership and Change Management

- Explore values, culture and system wide innovation in leadership design and delivery of 21<sup>st</sup> century healthcare
- Understand when a situation is simple or complex and how to manage complex situations to avoid chaos
- Understand principles of systems leadership, finding ways to enable change by building relationships and using collaborative leadership skills
- Understand the key behaviours that lead to change in system leadership



# Winter Term 2026 Dates

Day	Date	Time	Module	Topic
Monday	05/01/26	09:00-12:30	LEEP 2	Developing Teams and Networks
Friday	09/01/26	09:00-12:30	LEEP 3	Quality Improvement and Change Management
Monday	12/01/26	09:00-12:30	LEEP 4	System Leadership
Monday	26/01/26	09:00-12:30	LEEP 1	Developing Self and Leadership Skills
Friday	30/01/26	09:00-12:30	LEEP 2	Developing Teams and Networks
Monday	02/02/26	09:00-12:30	LEEP 3	Quality Improvement and Change Management
Friday	06/02/26	09:00-12:30	LEEP 4	System Leadership
Monday	09/02/26	09:00-12:30	LEEP 1	Developing Self and Leadership Skills
Friday	13/02/26	09:00-12:30	LEEP 2	Developing Teams and Networks
Monday	16/02/26	09:00-12:30	LEEP 3	Quality Improvement and Change Management
Friday	20/02/26	09:00-12:30	LEEP 4	System Leadership
Monday	02/03/26	09:00-12:30	LEEP 1	Developing Self and Leadership Skills
Friday	06/03/26	09:00-12:30	LEEP 2	Developing Teams and Networks
Monday	09/03/26	09:00-12:30	LEEP 3	Quality Improvement and Change Management
Friday	13/03/26	09:00-12:30	LEEP 4	System Leadership
Monday	16/03/26	09:00-12:30	LEEP 1	Developing Self and Leadership Skills
Friday	20/03/26	09:00-12:30	LEEP 2	Developing Teams and Networks
Monday	23/03/26	09:00-12:30	LEEP 3	Quality Improvement and Change Management
Friday	27/03/26	09:00-12:30	LEEP 4	System Leadership

LEADING THROUGH  
EDUCATION TO  
EXCELLENT  
PATIENT CARE



Module 1: Developing as a leader  
Module 2: Developing Teams & Networks  
Module 3: Quality Improvement &  
Change Management  
Module 4: System Leadership

Chelsea and Westminster

LEEP Registration link:



<https://www.eventbrite.com/cc/leep-3359519?utm-campaign=social&utm-content=creatorshare&utm-medium=discovery&utm-term=odclscollection&utm-source=cp&aff=escb>

LEEP email: [chelwest.leep.wm@nhs.net](mailto:chelwest.leep.wm@nhs.net)

## HOW TO REGISTER

There are two main LEEP centres in London:

1. Chelsea and Westminster,
2. St Georges, Epsom and St Helier.

You can book to attend LEEP virtually in either of these centres by using the QR codes/links below.

Other London Trusts may offer LEEP locally.  
Please contact their Medical Education Centres directly.

St Georges, Epsom and St Helier

LEEP Registration link:



<https://linktr.ee/esth.pgmc>

LEEP email: [esth.pgmcevents@nhs.net](mailto:esth.pgmcevents@nhs.net)



Leading through Education to Excellent  
Patient Care



## FACULTY DEVELOPMENT



**Epsom and St Helier  
University Hospitals**  
NHS Trust

The LEEP (Leading through Education to Excellent Patient care) faculty development day is available to all grades of Doctors and healthcare professionals. The programme focusses on collaborative and compassionate leadership, and quality improvement.

### Agenda

- 09:00 – 10:30 LEEP 1 Developing Self
- 10:30 – 10:45 Coffee Break
- 10:45 – 12:30 LEEP 2 Developing Teams
- 12:30 – 13:00 Lunch Break
- 13:00 – 14:30 LEEP 3 QI & Change Management
- 14:30 – 14:45 Tea Break
- 14:45 – 16:00 LEEP 4 Systems Leadership

This comprehensive one-day course will enable those who have completed all four LEEP Modules to deliver the entire programme and is an excellent opportunity to support and develop our staff.

The session will focus on the structure, delivery and facilitation of the course.

To register email [martina.yanga@nhs.net](mailto:martina.yanga@nhs.net)

# Information and Resources

For further information, support and faculty training for NHS organisations interested in delivering LEEP locally please contact Martina Yanga, NHS England Leadership Education Fellow, at [martina.yanga@nhs.net](mailto:martina.yanga@nhs.net)

