

The Hand Therapy Service

This leaflet explains the hand therapy service at St George's Hospital. If you have any further questions, please speak to a doctor, nurse or therapist caring for you.

What is Hand Therapy?

Hand Therapy is a sub-specialty of Occupational Therapy and Physiotherapy. The team is made up of both professions and we are specially trained to work with hand conditions and injuries. Your hand therapy treatment will be designed specifically for you.

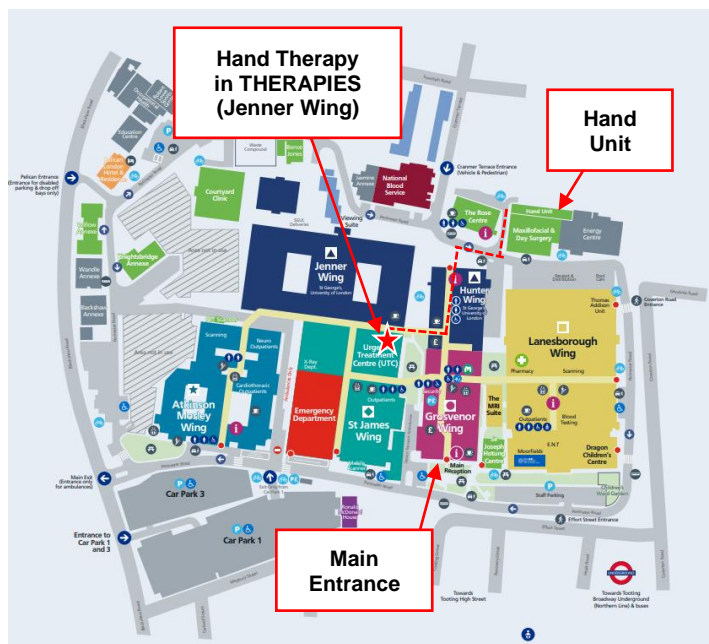
We will regularly assess your progress. Our aim is to enable you to return to your previous level of function where possible.

Where do I need to go?

You will be advised where to attend your appointment when booking.

Our team operates out of two locations and you may be asked to attend appointments in both. The locations are:

- Hand Therapy Department, Jenner Wing
- Hand Unit on the Perimeter Road.



What if I need an interpreter or hospital transport?

If you think you need an interpreter, please let us know so we can arrange one for you.

The NHS now expects patients to make their own transport arrangements. If you feel you need hospital transport, please contact the transport assessment and bookings team on **020 8725 0808**. We are unable to book this for you.

What if I am late or cannot attend?

If you are unable to attend, please give at least 24 hours' notice. This allows us to offer your appointment to another patient. If you **attend late** for your appointment, we cannot guarantee that you will be seen, and you may have to arrange an alternative appointment.

If you **do not attend** your appointment and do not contact us, you will be discharged from the hand therapy service as per the St George's University Hospitals NHS Foundation Trust appointments policy. You will need a new referral from your GP or consultant for further treatment.

Will I be seen by students or involved in research?

As a teaching hospital, St George's University Hospitals NHS Foundation Trust regularly trains staff and students and carries out research to help us find out more about conditions and treatments. If you are involved in either of these, then we will always discuss this with you.

If you would prefer not to be involved in research or would not like students to be present during your appointment, please let your therapist know. This will not affect your care in any way.

Your next appointment

Day	Date	Time	Therapist

Useful sources of information

Versus Arthritis

Copeman House, St Mary's Court,
St Mary's Gate, Chesterfield S41 7TD

Phone: 0300 790 0400

Website: www.versusarthritis.org

Contact us

If you have any questions regarding the information provided in this leaflet, please feel free to discuss them with your therapist at your next appointment. For more urgent queries the team can be contacted on the **treatment enquiries** 'phone number listed below.

Your therapist is _____

Treatment enquiries: 020 8725 1038

Appointments: 020 8725 0007

Or scan
here



For more information leaflets on conditions, procedures, treatments and services offered at our hospitals, please visit www.stgeorges.nhs.uk

Was this information helpful? Yes / No

Please let us know, contact patient.information@stgeorges.nhs.uk and include the leaflet title.

Thank you.

Additional services

Patient Advice and Liaison Service (PALS)

PALS can offer you advice and information when you have comments or concerns about our services or care. You can contact the PALS team on the advisory telephone line Monday, Tuesday, Thursday and Friday from 2pm to 5pm.

A Walk-in service is available:

Monday, Tuesday and Thursday between 10am and 4pm

Friday between 10am and 2pm.

The Walk-in and Advisory telephone services are closed on Wednesdays.

Please contact PALS in advance to check if there are any changes to opening times.

PALS is based within the hospital in the ground floor main corridor between Grosvenor and Lanesborough wings.

Tel: 020 8725 2453 **Email:** pals@stgeorges.nhs.uk

NHS UK

The NHS provides online information and guidance on all aspects of health and healthcare, to help you make decisions about your health.

Web: www.nhs.uk

NHS 111

You can call 111 when you need medical help fast but it's not a 999 emergency. NHS 111 is available 24 hours a day, 365 days a year. Calls are free from landlines and mobile phones.

Tel: 111

AccessAble

You can download accessibility guides for all our services by searching 'St George's Hospital' on the AccessAble website (www.accessable.co.uk). The guides are designed to ensure everyone – including those with accessibility needs – can access our hospital and community sites with confidence.



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