

# Level 4 Pureed

*This texture is eaten with a spoon and does not require chewing. It easily falls off a spoon in a single spoonful when tilted. It is not runny and holds its shape on the plate. It has no lumps and is not sticky.*

## Breakfast

Apple juice **V** **VG**

Orange juice **H** **V** **VG**

All day breakfast **E**

Beans on toast **H** **V**

Porridge **V**

Honey **V**

Porridge with honey **V**

Muller thick and  
creamy yoghurt **V**



**H** HEALTHIER EATING

**E** HIGH ENERGY

**V** VEGETARIAN

**VG** VEGAN

## Appetisers

Apple juice **V VG**

Orange juice **H V VG**

Houmous pot **V VG**

## Mains

Mac and cheese **E V**

Vegetable lasagne **E V**

Vegetable chilli **E V**

Fisherman's pie **E**

Tuna bake **E**

Salmon in dill sauce **E**

Chicken and potato pie **E**

Sweet and sour chicken **E**

Chicken curry **E**

All day breakfast **E**

Sausages in gravy **E**

Cottage pie **E**

Roast beef with  
mustard mash **E**

Beef bolognese **E**

## Desserts

### Hot desserts

Syrup sponge and  
custard **E V**

Sticky toffee pudding **E V**

Summer fruits in  
vanilla pudding **V**

Lemon sponge  
and custard **V**

### Cold desserts

Ambrosia custard pot **V**

Muller thick and  
creamy yoghurt **V**

## Snacks

Houmous pot **V VG**

Ambrosia custard pot **V**

Muller thick and  
creamy yoghurt **V**

