

## **Breakfast**

Orange juice ECH V VG

Rice krispies with semi skimmed milk

Weetabix with milk V

Ready brek with milk V

Branflakes with semi skimmed milk V

Cornflakes with semi skimmed milk 🚾 🔽

Quaker gluten free original porridge oats with milk 

v

Wholemeal sliced bread v va

White sliced bread vo

Margarine vw

Butter **V** 

Honey **V** 

Jam V VG

Marmalade VV

Marmite V VG

Banana ECH V VG

Easy peel orange H 🛚 🚾

Red apple **HV** 

Conference pear H V VG

Muller thick and creamy yoghurt ■

Strawberry healthy balance yoghurt @ H V

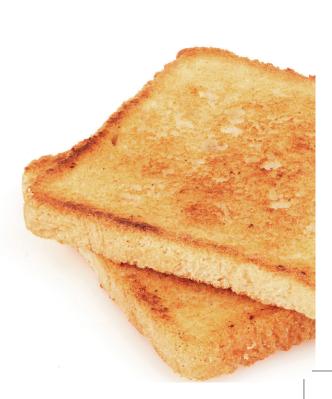


H HEALTHIER EATING

E HIGH ENERGY

V VEGETARIAN

VG VEGAN



# **Appetisers**

Orange juice EEHV VIII

Chicken soup **E** 

Tomato soup E E V VG

+ White / malted wheat petit pain roll **v** 

Served with butter vor margarine vovg

#### **Mains**

Spaghetti Neapolitan H V VG

Macaroni cheese EV

Tomato omelette V

Roast chicken

Chicken schnitzel

Grilled plaice

Fried haddock

Cottage pie 🗉

Spaghetti bolognese 🗉

Beef goulash **E** 

Steak pie 🗉



### **Desserts**

#### Hot dessert

Cooked apricots v

Cooked summer fruits cvv

Stewed apple cv vo

Served with coconut yogurt **EC V VG** 

#### Cold dessert

Coconut yogurt E H V VG

Banana ECH V VG

Easy peel orange HVW

Red apple **HV** 

Conference pear HVV

Mandarin in juice fruit pot E H V VG

Peach and pear in juice fruit pot E H V VG

## **Snacks**

Jacobs cream crackers V

Hummus in pot **E V V G** 

Margarine vw

Jam VVG

Marmalade v

Mandarin in juice fruit pot ECH V VG

Peach and pear in juice fruit pot E H V VG

Coconut yogurt E H V VG

Banana ECH V VG

Easy peel orange HV VG

Red apple **HV** 

Conference pear H V VG