

What does the service offer?

We offer the following, depending on the needs of our patients:

- Advice and educate patients about screening (blood test) for sickle cell and thalassaemia
- Pre-conceptual screening and genetic counselling to couples planning their families
- Ongoing support to affected individuals with a major haemoglobinopathy disorder to maintain a healthy lifestyle in the community
- Support for carers, families/relatives and schools
- Advocacy service support between community and hospital settings
- Reduction of hospital admissions by supporting the prevention of crisis
- Education and training to update other local services i.e Schools, GPs and Charities.

You will be supported by a range of professionals including:

- Adult Haemoglobinopathy Specialist Nurse Counsellor
- Paediatric Haemoglobinopathy Specialist Nurse Counsellor
- Haemoglobinopathy Nurse
- Care Navigator
- Team Administrator

Contact details and opening hours:

Monday to Friday, 9am to 5pm
Email: clcht.SWLD-Haem@nhs.net
Tel: 020 8102 6868

Support and guidance:

St George's Hospital: 020 8672 1255
Sickle cell society: 020 8961 7795
UK Thalassaemia society: 020 8882 0011

Haemoglobinopathy Service Information leaflet

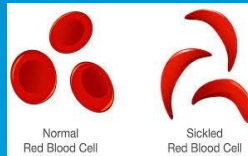
South West London sickle cell and thalassaemia counselling and information service
Wandsworth, Richmond, Merton, Kingston and Sutton





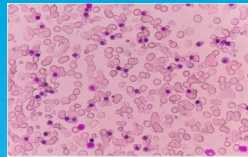
What are sickle cell and thalassaemia?

Sickle Cell and thalassaemia are life-long, life threatening genetic disorders that affect red blood cells.



Sickle cell disease is most common in West African, Caribbean, Middle Eastern and Indian ancestry. However, it can affect anyone from any

population. It is characterised by anaemia and intermittent, unpredictable episodes of acute pain, which may be severe enough to require hospital attendance for opiate analgesia.



Thalassaemia is common in people from Asia and Mediterranean countries.

People with this disorder produce either no or too little haemoglobin and are usually very anaemic, tired, weak, short of breath, pale and have a pounding, fluttering or irregular heartbeat. The condition is managed by monthly blood transfusions and medication.

You can use our service if you:

- Are a resident in Merton, Sutton, Kingston, Richmond or Wandsworth or living within a one mile radius of the border from the named boroughs.
- Are living outside of the Merton, Sutton, Kingston, Richmond or Wandsworth but have a GP in one of these boroughs

The service accepts referrals from:

- ▶ GPs
- ▶ Haemoglobinopathy Centre
- ▶ Hospitals
- ▶ Other health care professionals/allied professionals
- ▶ We also accepts self-referrals



We work closely with other services such as:

- Physiotherapy
- Occupational Therapy
- School nurses/ Schools
- Health Visitors
- Full Circle (alternative therapies)
- Housing authorities
- Voluntary sector organisations
- Social care

Where can you be seen:

- ▶ **Tudor Lodge Health Centre**
8C Victoria Drive, London SW19 6AE
- ▶ **St George's Hospital/outpatient clinics**
Blackshaw Road, London SW17 0QT
- ▶ **At your home**
- ▶ **Coffee shop**
- ▶ **Anywhere suitable for you**



For complaints and feedback, please contact Central London Community Healthcare (CLCH):

- ▶ Tel: 0800 368 0412
- ▶ Email: clchpals@nhs.net