

# What to do if you miss a dose of Fingolimod

The leaflet aims to answer your questions about taking fingolimod to treat your multiple sclerosis (MS). If you have any questions or concerns, please speak to a doctor or nurse caring for you.

## If you miss a dose within the first two weeks of taking fingolimod

Please contact the multiple sclerosis (MS) team if you forget to take **a dose**. The consultant neurologist may decide to keep you under observation (heart monitoring) at the time you take the next dose.

## If you miss a dose in weeks three or four of taking fingolimod

Please contact the MS team if you forget to take your treatment for **more than seven days**. The consultant neurologist may decide to keep you under observation (heart monitoring) at the time you take the next dose.

## If you miss a dose after the first month of taking fingolimod

Please contact the MS team if you forget to take your treatment for **more than two weeks**. The consultant neurologist may decide to keep you under observation (heart monitoring) at the time you take the next dose. If you have forgotten to take your treatment for **less than two weeks**, you can take the next dose as planned.

**Please note: You should never take a double dose to make up for a forgotten dose.**

## Contact us

If you have any questions or concerns about your medicine, please contact the MS Team Coordinator on 020 8725 2104 who will put you in touch with a member of the MS Nursing Team.

For more information leaflets on conditions, procedures, treatments and services offered at our hospitals, please visit [www.stgeorges.nhs.uk](http://www.stgeorges.nhs.uk)

## Additional services

### Patient Advice and Liaison Service (PALS)

PALS can offer you advice and information when you have comments or concerns about our services or care. You can contact the PALS team on the advisory telephone line Monday, Tuesday, Thursday and Friday from 2pm to 5pm.

A Walk-in service is available:

Monday, Tuesday and Thursday between 10am and 4pm

Friday between 10am and 2pm.

The Walk-in and Advisory telephone services are closed on Wednesdays.

Please contact PALS in advance to check if there are any changes to opening times.

PALS is based within the hospital in the ground floor main corridor between Grosvenor and Lanesborough wings.

**Tel:** 020 8725 2453 **Email:** [pals@stgeorges.nhs.uk](mailto:pals@stgeorges.nhs.uk)

### NHS UK

The NHS provides online information and guidance on all aspects of health and healthcare, to help you make decisions about your health.

**Web:** [www.nhs.uk](http://www.nhs.uk)

### NHS 111

You can call 111 when you need medical help fast but it's not a 999 emergency. NHS 111 is available 24 hours a day, 365 days a year. Calls are free from landlines and mobile phones.

**Tel:** 111

### AccessAble

You can download accessibility guides for all our services by searching 'St George's Hospital' on the AccessAble website ([www.accessable.co.uk](http://www.accessable.co.uk)). The guides are designed to ensure everyone – including those with accessibility needs – can access our hospital and community sites with confidence.

