

RENAL MENU

Please choose either a hot meal or a Salad or Sandwich, followed by a hot or cold dessert.

MAIN COURSE

Beef Casserole

Served with mashed potato and carrots.

Chilli Con Carne

A spicy traditional chilli con carne served with white rice, peas and sweetcorn.

Chicken Chow Mein

Cooked egg noodles with pieces of chicken and vegetables in a soy, garlic and ginger sauce.

Smoked Paprika & Tomato Chicken

Tender chicken pieces in a smoked paprika and tomato sauce served with parsley yellow rice.

Chicken Curry

A mild, fruity chicken curry served with a mix of yellow rice, red peppers and peas.

Battered Fish and Mushy Peas

Served with fried diced potatoes, and minted mushy peas.

Fish Bake

Pieces of salmon and smoked haddock with leeks and herbs in a creamy sauce topped with fried diced potatoes, served with carrots and peas.

Sweet Potato & Bean Chilli

Sweet potato, red kidney beans and haricot beans in a mild tomato and chilli sauce, served with white rice seasoned with coriander.

Quorn & Vegetable Casserole

Quorn pieces and haricot beans in a herby tomato vegetable sauce, served with mashed potato and peas.

Macaroni Cheese

Served with a mixture of broccoli, peas, carrots and sweetcorn.

SALADS

Mozzarella & Marinara Pasta Salad

Chicken & Supergrain Salad

Egg & Coleslaw Salad

Rainbow Chickpea Salad

SANDWICHES

Available on white or brown bread.

Just Ham

Just Cheese

Tuna Mayonnaise

Egg Mayonnaise

Chicken Mayonnaise

DESSERTS

Stewed Apple & Custard

Plum & Cherry Crumble

Rice Pudding

Strawberry Trifle

Thick & Creamy Yoghurt

Fruit Cocktail

Cheese & Crackers

Selection of Fresh Fruit

