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SOFT & BITE-SIZED

MENU

This menu is only intended for patients who have been assessed by a Speech and Language Therapist and require a texture modified diet. Some dishes will be fortified if advised by the clinical team.

If this selection does not meet your dietary requirements please inform a member of the Ward Staff.

BREAKFAST

A Continental Breakfast is served each day, please choose from the below.

Ready Brek (smooth texture)



Weetabix - made with hot milk to a smooth texture



Banana



AVAILABLE MILKS - PLEASE ASK

Semi-Skimmed Milk



Whole Milk



Soya Milk



Oat Milk



YOGHURT

Thick & Creamy Fruit Yoghurt



MAIN COURSE

Cottage Pie



Chicken Supreme



Tuna Bake



Vegetable Cottage Pie



Macaroni Cheese



CULTURAL (HALAL)

Chicken Curry



Vegetable Tikka Masala



ALLERGY AWARE

(Allergen-free dishes do not contain: gluten, milk, egg, celery, mustard, nuts, sesame, lupin, soya, fish, crustacea, mollusc or sulphites).

Chicken in Tomato & Basil Sauce



Vegetable Casserole



DESSERTS

Chocolate Sponge



Rice Pudding



Summer Fruits & Vanilla Puree



Thick & Creamy Yoghurt



Chocolate Mousse



SNACKS

Soft Sponge Cake



Chocolate Mousse



Custard Pot



Thick & Creamy Yoghurt



Banana



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