

# Cardiac Device Follow-up

**This leaflet explains about your cardiac device follow-up. If you have any further questions, please speak to a member of staff caring for you.**

## Pacing Clinic Appointments

Your new device must be checked regularly. Your first check will be in approximately **six to eight weeks after your procedure**. After this check, your checks will be completed either three monthly, six monthly or annually, depending on your device type.

At each visit you will be seen by a cardiac physiologist, who will examine your device and assess the battery, leads and settings. They may alter the settings in line with local protocol as well as considering your current health condition. You are welcome to bring a relative or friend with you to the appointment, although if you are using patient transport, this may not always be possible.

Attending these appointments is **essential to ensure your device is functioning properly for your own safety. Missed appointments may result in potentially serious issues being missed**. If you miss three consecutive appointments, then you are likely to be discharged from our clinic.

## Contact us

Please contact us on **020 8725 1372** if you need to cancel or reschedule an appointment and if your contact details have changed, including telephone number and home address. Alternatively, please email [rhythmdevices@stgeorges.nhs.uk](mailto:rhythmdevices@stgeorges.nhs.uk)

## Remote monitoring

Depending on your device type, we may offer you remote monitoring. This involves either an app on your smartphone or a physical home monitor that should be always plugged in to a mains socket in your household within three metres of where you sleep.

Depending on your monitor, we will schedule regular data transmissions from your device to our clinic via your home monitor. For example: annual in-person device checks with a six month scheduled transmission. This will happen automatically and doesn't require any action from you. If there are any abnormalities detected automatically by your device, your home monitor will send us an alert. This will be reviewed by a cardiac physiologist and we will contact you if we have any concerns.

This is an optional form of monitoring but it is strongly recommended for your safety and security and may reduce visits and admissions to the hospital. **This is does not replace emergency care** and is only monitored by our device clinic Monday to Friday during normal working hours. **For any urgent queries or emergencies, please call 111 or 999.**

For more information leaflets on conditions, procedures, treatments and services offered at our hospitals, please visit [www.stgeorges.nhs.uk](http://www.stgeorges.nhs.uk)

## Additional services

### Patient Advice and Liaison Service (PALS)

PALS can offer you advice and information when you have comments or concerns about our services or care. You can contact the PALS team on the advisory telephone line Monday, Tuesday, Thursday and Friday from 2pm to 5pm.

A Walk-in service is available:

Monday, Tuesday and Thursday between 10am and 4pm

Friday between 10am and 2pm.

Please contact PALS in advance to check if there are any changes to opening times.

The Walk-in and Advisory telephone services are closed on Wednesdays.

PALS is based within the hospital in the ground floor main corridor between Grosvenor and Lanesborough Wing.

**Tel:** 020 8725 2453 **Email:** [pals@stgeorges.nhs.uk](mailto:pals@stgeorges.nhs.uk)

### NHS Choices

NHS Choices provides online information and guidance on all aspects of health and healthcare, to help you make decisions about your health.

**Web:** [www.nhs.uk](http://www.nhs.uk)

### NHS 111

You can call 111 when you need medical help fast but it's not a 999 emergency. NHS 111 is available 24 hours a day, 365 days a year. Calls are free from landlines and mobile phones.

**Tel:** 111

### AccessAble

You can download accessibility guides for all our services by searching 'St George's Hospital' on the AccessAble website ([www.accessable.co.uk](http://www.accessable.co.uk)). The guides are designed to ensure everyone – including those with accessibility needs – can access our hospital and community sites with confidence.



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