

Department of Renal Medicine & Transplantation

# Donating a kidney if you live overseas

**Donation of a kidney from a healthy individual is common practice in the United Kingdom. This information is for patients who are considering donating a kidney in the UK but who live overseas.**

Some preliminary tests may be performed overseas but most tests will need to be performed or repeated in the UK. The tests that are required can be complex and unexpected medical conditions are sometimes discovered. If this happens, treatment for these will not be provided by the UK National Health Service (NHS) and you will have to return to your own country for treatment.

Similarly, any surgical or medical complications that occur after you have returned to your country of origin must be treated locally. The NHS will not provide or fund further treatment.

## Requirements

The medical and surgical teams need to be satisfied that the potential donor fulfils the UK legal requirements. These are:

1. No reward has been, nor will any be given for the kidney donation.
2. The donor fully understands the proposed operation and consents to the removal of a kidney for transplantation.
3. An independent assessor has conducted separate interviews with the donor and the recipient and has submitted a satisfactory report to the Human Tissue Authority.

If there are any medical or legal concerns, the transplant teams will not agree to perform the transplant and the team will inform the UK Border Agency that the donation will not happen. This may affect the donor's visa and the duration for which his / her visa is valid.

## Any questions?

If you have any questions, please contact the living donor coordinators at the intended recipient's local hospital:

### St George's Hospital

☎ + (44)20 8725 0305/0745/1035 Email: [pretransplant.sisters@stgeorges.nhs.uk](mailto:pretransplant.sisters@stgeorges.nhs.uk)

## St Helier Hospital

☎ + (44)20 8296 4522

Email: [est-tr.TXnurse@nhs.net](mailto:est-tr.TXnurse@nhs.net)

## Royal Sussex County Hospital

☎ + (44)1273 696 955 Ext 7478

Email: [bsu-tr.BrightonRenalTransplant-workup@nhs.net](mailto:bsu-tr.BrightonRenalTransplant-workup@nhs.net)

For more information leaflets on conditions, procedures, treatments and services offered at our hospitals, please visit [www.stgeorges.nhs.uk](http://www.stgeorges.nhs.uk)

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## Additional services

### Patient Advice and Liaison Service (PALS)

PALS can offer you advice and information when you have comments or concerns about our services or care. You can contact the PALS team on the advisory telephone line Monday, Tuesday, Thursday and Friday from 2pm to 5pm.

A Walk-in service is available:

Monday, Tuesday and Thursday between 10am and 4pm

Friday between 10am and 2pm.

Please contact PALS in advance to check if there are any changes to opening times. The Walk-in and Advisory telephone services are closed on Wednesdays.

PALS is based within the hospital in the ground floor main corridor between Grosvenor and Lanesborough Wing.

**Tel:** 020 8725 2453 **Email:** [pals@stgeorges.nhs.uk](mailto:pals@stgeorges.nhs.uk)

### NHS Choices

NHS Choices provides online information and guidance on all aspects of health and healthcare, to help you make decisions about your health. **Web:** [www.nhs.uk](http://www.nhs.uk)

### NHS 111

You can call 111 when you need medical help fast but it's not a 999 emergency. NHS 111 is available 24 hours a day, 365 days a year. Calls are free from landlines and mobile phones. **Tel:** 111

### AccessAble

You can download accessibility guides for all our services by searching 'St George's Hospital' on the AccessAble website ([www.accessable.co.uk](http://www.accessable.co.uk)). The guides are designed to ensure everyone – including those with accessibility needs – can access our hospital and community sites with confidence.

