

RENA

Please choose either a hot meal or a Salad or Sandwich, followed by a hot or cold dessert.

MAIN COURSE

Beef Casserole

Served with mashed potato and carrots.

Chilli Con Carne

A spicy traditional chilli con carne served with white rice, peas and sweetcorn.

Cauliflower Cheese

Cauliflower in a rich cheese sauce, served with fried diced potato seasoned with parsley, and broccoli.

Sweet & Sour Chicken

Chicken with peppers and pineapple in a sweet and sour sauce, served with white rice with red pepper and peas.

Chicken Curry



GF V

A mild, fruity chicken curry served with a mix of yellow rice, red peppers and peas.

Battered Fish & Mushy Peas

Served with fried diced potatoes, and minted mushy peas.

Fish Bake

Pieces of salmon and smoked haddock with leeks and herbs in a creamy sauce topped with fried diced potatoes, served with carrots and peas.

Sweet Potato & Bean Chilli

Sweet potato, red kidney beans and haricot beans in a mild tomato and chilli sauce, served with white rice seasoned with coriander.

Cheese & Tomato Omelette

A tasty Cheddar cheese and tomato omelette, served with fried diced potatoes and mixed vegetables.

Vegetarian

Macaroni Cheese

Served with a mixture of broccoli, peas, carrots and sweetcorn.

SALADS

Mixed leaf with sliced tomato and cucumber.

Cheese Salad	GPVE
Chicken Salad	GF♥
Egg Salad	GFV

SANDWICHES

Available on white or brown bread.

Just Ham	
Juscham	
Just Cheese	V
Tuna Mayonnaise	
Egg Mayonnaise	♥ᢗ♥
Chicken Mayonnaise	
Humous & Chickpea	VV

DESSERTS

Jam Sponge	GF V 🔀 E
Plum & Cherry Crumble	VV
Rice Pudding	GF V 文 E
Strawberry Trifle	V
Thick & Creamy Yoghurt	GFV😒
Fruit Cocktail	GFVV
Cheese & Crackers	GFV

Selection of Fresh Fruit

REN-AS/SA-23.10-01

Gluten Free

Vegan

Easy to Chew

Energy Dense

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