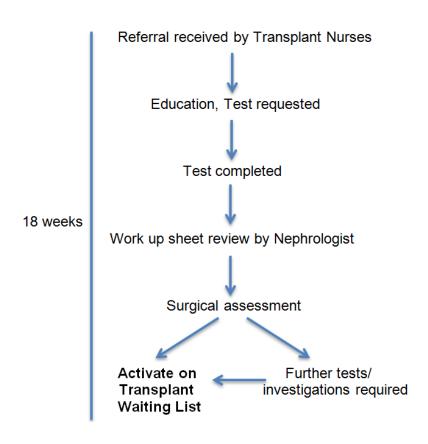




# **Renal Transplant Services**

# Getting Ready for Transplantation: Checklist of my investigations

This leaflet explains more about your transplant work up process and the investigations you require to assess your suitability for transplantation. If you have any further questions, please speak to a doctor or nurse caring for you.



We aim to complete your transplant work up within 18 weeks of receiving the referral. Please be aware that any positive test will require further investigation/s and therefore might prolong the work up process.

Name:	D.O.B:	
TEST	Appointment date	DONE
Blood Test 1: Virology, tissue typing 1		
Blood Test 2: Tissue typing 2		
CHEST X-RAY		
ETT – Exercise Test		
ECG – Heart reading		
ECHO – Heart ultrasound		
MPS / STRESS ECHO – Medically induced stress test		
on heart		
CORONARY ANGIO – Heart investigation		
LEG DOPPLER – Scan of blood vessels in legs		
NECK DOPPLER – Scan of blood vessels in neck		
CT PELVIS – Scan of pelvis to look at blood vessels in		
more detail		
SMEAR - Screening for cervical cancer		
PSA – Screening for prostate cancer		
MAMMOGRAM – Screening for breast cancer		
BOWEL SCREEN - Screening for bowel cancer		
ANY ADDITIONAL TESTS		
You are required to do the highlighted tests.		
Once completed, please contact the transplant		
team on 020 8725 0107 / 0745 or email		
Sindu.Thomas@stgeorges.nhs.uk or		
Rojean.Tavarro@stgeorges.nhs.uk with the dates.		

# **Contact us**

If you have any questions or concerns about your transplant work up, please contact the Transplant Coordinators: Sindu Thomas on 020 8725 0107 or Rojean Tavarro on 020 8725 0745 or Rhia Fernandez Lead Nurse for Renal Transplant Services on 020 8725 0117 (Monday to Friday, 8.00am to 4.00pm). Out of hours, please contact Champneys Ward on 020 8725 0062.

For more information leaflets on conditions, procedures, treatments and services offered at our hospitals, please visit <a href="https://www.stgeorges.nhs.uk">www.stgeorges.nhs.uk</a>

## **Additional services**

# **Patient Advice and Liaison Service (PALS)**

PALS can offer you advice and information when you have comments or concerns about our services or care. You can contact the PALS team on the advisory telephone line Monday, Tuesday, Thursday and Friday from 2pm to 5pm.

A Walk-in service is available:

Monday, Tuesday and Thursday between 10am and 4pm Friday between 10am and 2pm.

Please contact PALS in advance to check if there are any changes to opening times.

The Walk-in and Advisory telephone services are closed on Wednesdays.

PALS is based within the hospital in the ground floor main corridor between Grosvenor and Lanesborough Wing.

Tel: 020 8725 2453 Email: pals@stgeorges.nhs.uk

### **NHS UK**

The NHS provides online information and guidance on all aspects of health and healthcare, to help you make decisions about your health.

Web: www.nhs.uk

### **NHS 111**

You can call 111 when you need medical help fast but it's not a 999 emergency. NHS 111 is available 24 hours a day, 365 days a year. Calls are free from landlines and mobile phones.

**Tel:** 111

### **AccessAble**

You can download accessibility guides for all our services by searching 'St George's Hospital' on the AccessAble website (www.accessable.co.uk). The guides are designed to ensure everyone – including those with accessibility needs – can access our hospital and community sites with confidence.

