

# Understanding what happened. PMRT review

**We would like to offer our sincere condolences for the loss of your baby. It is important for us and you to understand as much as we can about what happened and why your baby died.**

**This leaflet aims to make you aware about a review of your care that will take place over the next couple of months. We understand that this is a difficult time to be reading new information.**

## What is PMRT?

PMRT stands for Perinatal Mortality Review Tool. This is a nationally required reporting system for all babies that are stillborn from 22 weeks or die within 28 days of birth. The maternity team at St. George's Hospital will hold a meeting to review you and your baby's care. This meeting will be attended by obstetricians, neonatologists, midwives and pathologists.

The review will include:

- your medical records and tests, including the post-mortem results if you have consented to one
- answering any questions you may have submitted to us
- addressing any concerns you might have regarding your care
- examination of our guidelines to ensure the care you received was appropriate.

The review may demonstrate that appropriate care was given to you and your family or that, sadly, our care did not meet the standards we would expect and we need to change the way we provide care.

## Involving you

To make the review as meaningful as possible, it would be helpful if you could share your feelings and thoughts about your care or any questions you have with us before we carry out the review. To support you in doing this, you can contact:

Maternity Governance Midwives [MatGovTeam@stgeorges.nhs.uk](mailto:MatGovTeam@stgeorges.nhs.uk)

Alternatively, you can fill in a short form using this QR code:



## Keeping you informed

It may take up to 18 weeks to gather all the information required for a review meeting. When the review report is completed, a senior doctor will discuss its findings with you. If you wish, we can also send you the review report by post or email if you prefer.

We understand that this is a long time to wait and if you would like to meet with a consultant before the review takes place, you can get advice on how to arrange this from the bereavement midwives. However we may not have any further information about what happened and why your baby died by the time of that appointment.

## Useful sources of information

### MBRRACE Information for bereaved parents

If you wish to have more information about this review process, you can visit the MBRRACE website [MBRRACE-UK: Mothers and Babies: Reducing Risk through Audits and Confidential Enquiries across the UK | MBRRACE-UK | NPEU \(ox.ac.uk\)](#) or by following the QR code:



## Contact us

If you have any questions about this information, please ask a member of staff before you leave hospital. If you would like to talk about the review process or pose any questions about your care to the review team, please email us your questions or concerns to: Maternity Governance Midwives [MatGovTeam@stgeorges.nhs.uk](mailto:MatGovTeam@stgeorges.nhs.uk)

Once you are at home, the bereavement midwives will be in touch with you within 14 days.

**For more information leaflets on conditions, procedures, treatments and services offered at our hospitals, please visit [www.stgeorges.nhs.uk](http://www.stgeorges.nhs.uk)**

---

## Additional information and services

### Patient Advice and Liaison Service (PALS)

PALS can offer you advice and information when you have comments or concerns about our services or care. You can contact the PALS team on the advisory telephone line Monday, Tuesday, Thursday and Friday from 2pm to 5pm.

A Walk-in service is available:

Monday, Tuesday and Thursday between 10am and 4pm

Friday between 10am and 2pm.

Please contact PALS in advance to check if there are any changes to opening times.

The Walk-in and Advisory telephone services are closed on Wednesdays.

PALS is based within the hospital in the ground floor main corridor between Grosvenor and Lanesborough Wing.

**Tel:** 020 8725 2453 **Email:** [pals@stgeorges.nhs.uk](mailto:pals@stgeorges.nhs.uk)

### **NHS Choices**

NHS Choices provides online information and guidance on all aspects of health and healthcare, to help you make decisions about your health.

**Web:** [www.nhs.uk](http://www.nhs.uk)

### **NHS 111**

You can call 111 when you need medical help fast but it's not a 999 emergency. NHS 111 is available 24 hours a day, 365 days a year. Calls are free from landlines and mobile phones.

**Tel:** 111

### **AccessAble**

You can download accessibility guides for all our services by searching 'St George's Hospital' on the AccessAble website ([www.accessable.co.uk](http://www.accessable.co.uk)).

The guides are designed to ensure everyone – including those with accessibility needs – can access our hospital and community sites with confidence.



<b>Reference:</b> MAT_PMRT_01 <b>Published:</b> November 2023 <b>Review date:</b> November 2025
---