

**St George's Junior Doctors Forum Minutes**  
**7<sup>th</sup> November 2023**

**Venue: The Doctors Mess, 1st Floor Lanesborough Wing**

**In Attendance:**

Name	Role
Rosy Wells (RW)	Guardian of Safe Working
Hannah Gardiner (HG)	Co-chair JDF
Claire Foran (CF)	Co-chair JDF
Ami Stokes (AS)	BMA Rep
Annabel Little (AL)	Education Business Manager
Nikki Jegatheeswaran (NJ)	Dignity Fellow
Indranil Chakrabarty (IC)	Director of Medical Education
Elwina Timehin (ET)	SAS-LED Rep
Kate Woodhouse (KW)	Lead counsellor
Kristina Middleton (KM)	Health & Wellbeing Lead
Chloe Mather (CM)	Medical Staffing
Blessy Kanagaraj (BK)	Medical staffing (Jnr Doctor Rota Lead)
Rosalyn Aryee (RA)	Medical Staffing

Log No	Item	Action & Lead	Due Date
<b>1.</b>	<b>Welcome &amp; Apologies</b>		
	<ul style="list-style-type: none"> <li><b>(RW)</b> Welcomed those present and introductions</li> </ul>		
<b>2.</b>	<b>Minutes of last meeting. Actions &amp; Matters arising</b>		
	<ul style="list-style-type: none"> <li><b>(IC)</b> Updates on issues with AMU:                             <ul style="list-style-type: none"> <li>- Wireless phones have been ordered</li> <li>- More electric points have been set up for charging the laptops</li> <li>- New computer space is being set up</li> <li>- Plans to turn storage space into desk space in the next financial year</li> <li>- Drug and alcohol teams' room will be converted into a doctor's room</li> </ul> </li> <li><b>(RW)</b> Anaesthetics rota updates                             <ul style="list-style-type: none"> <li>- Progress is being made into resolving issues</li> <li>- Please continue to exception report issues</li> </ul> </li> </ul>	CF and HG to chase plans and report at next JDF	Jan 2024
<b>3.</b>	<b>GOSW Updates (RW)</b>		
	<ul style="list-style-type: none"> <li>Exception reports are continuing to be reported at high numbers</li> <li>Upcoming HEE Visits to Endocrine and Diabetes, Haematology, and Surgery</li> </ul>		

	<ul style="list-style-type: none"> <li>- Please ensure that all exception reports are logged</li> <li>- Ongoing reports from LEDs- need to ensure this continues</li> <li>-</li> </ul>		
<b>4. Dignity Project (NJ)</b>			
	<ul style="list-style-type: none"> <li>• Focused on the retention of all NHS workforce <ul style="list-style-type: none"> <li>- First area of focus will be theatres, targeted focus groups and then educational interventions</li> </ul> </li> <li>• Looking for a board of members to be dignity champions to critique the work and make suggestions</li> <li>• <b>(CF)</b> Performed a survey on minority groups within junior doctors and currently formalising the report <ul style="list-style-type: none"> <li>- Aim to improve staff wellbeing and implement more targeted teaching</li> <li>- Please email Claire with any ideas or questions</li> </ul> </li> </ul>	Claire to present results at JDF March 20	<b>March 2024</b>
<b>5. BMA LNC / IRO updates</b>			
	<ul style="list-style-type: none"> <li>• Currently discussing with management, a medical staff leave policy</li> <li>• Central JDC has produced guidance on prescribing on behalf of PAs and doctors' responsibilities surrounding that <ul style="list-style-type: none"> <li>- Please discuss with a consultant if you are unsure</li> </ul> </li> <li>• There are no current strike dates deceived <ul style="list-style-type: none"> <li>- Everyone will be made aware if there are any changes</li> </ul> </li> <li>• Consultants are currently in a re-ballot and SAS group are also now entering a mandatory ballot</li> <li>• Strike days affecting maternity leave pay <ul style="list-style-type: none"> <li>- Doctors can contact medical staffing surrounding this</li> </ul> </li> <li>• If your department are not allowing you to have your mandatory study days, please contact your CPD <ul style="list-style-type: none"> <li>- There is a policy surrounding this</li> </ul> </li> <li>• If you have been encouraged not to exception report, please contact Rosy</li> </ul>	Rosy to contact AMU consultants regarding reports that juniors discouraged to ER	Jan 2024
<b>6. DME updates (IC)</b>			
	<ul style="list-style-type: none"> <li>• Strike impact on study days</li> <li>• Please be mindful in regard to what you are posting on social media and the impact that it may have</li> </ul>		
<b>7. Wellbeing Staff</b>			
	<ul style="list-style-type: none"> <li>• <b>(KM)</b> Actio (<a href="https://actio.uk/home">https://actio.uk/home</a>) is an online booking tool for NHS staff to participate in exercise and classes</li> <li>• <b>(KM)</b> GESH has released a health and wellbeing podcast, more details are on the intranet</li> <li>• <b>(KW)</b> Currently working on setting up reflective practice spaces for doctors to talk about experiences <ul style="list-style-type: none"> <li>• Please contact Kate if you would like to join</li> </ul> </li> </ul>	Set up WhatsApp group to distribute information	
<b>8. Facilities &amp; Fatigue Charter Update</b>			
	<ul style="list-style-type: none"> <li>• <b>(AL)</b> Lists have been finalised for furniture to order for the mess</li> <li>• £17,000 - £18,000 left over to be open for other areas to bid on for their own departments break areas</li> </ul>	Rosy to send form around for departments to	Jan 24

		apply for F and funding	
<b>9.</b>	<b>JDF Structure: Reps, Dates &amp; Attendance</b>		
<b>10.</b>	<b>AOB</b>		
	<ul style="list-style-type: none"> <li>Delays in getting OH risk assessment for pregnant staff members <ul style="list-style-type: none"> <li>Please chase up with your line manager or medical staffing</li> </ul> </li> <li>Varied locum rates between whether you are a resident or non-resident not being fair</li> </ul>	HR will investigate getting maternity champion  Rosy will investigate this	Jan 2024  Jan 2024
<b>Next Forum:</b>		located in Junior Doctor's Mess Jan 23 <sup>rd</sup> 2024 12.30	