

# What to do if you miss a dose of siponimod (Mayzent®)

The leaflet aims to answer your questions about taking siponimod (Mayzent®) to treat your multiple sclerosis (MS). If you have any questions or concerns, please speak to a doctor or nurse caring for you.

## If you miss a dose within the first six days of taking siponimod (Mayzent®)

During the first six days of starting siponimod (Mayzent®) you will follow a titration dose regimen, building up to your maintenance dose. If you forget to take a dose during those first six days please contact the MS team as treatment will need to be re-initiated with a new titration pack.

## If you miss a dose after the first six days of taking siponimod (Mayzent®)

If a dose is missed while on the maintenance dose, the prescribed dose should be taken at the next scheduled time.

**Please note: You should never take a double dose to make up for a forgotten dose.**

## If you miss four consecutive days of taking siponimod (Mayzent®)

Please contact the MS team if you forget to take your treatment for **more than four days**.

If your maintenance treatment is interrupted **for four consecutive daily doses or more**, siponimod (Mayzent®) will need to be re-initiated with a new titration pack.

The MS doctor may decide to keep you under observation (for heart rate) when you recommence if this was required for your first dose.

## Contact us

If you have any questions or concerns about siponimod (Mayzent®), please contact the Multiple Sclerosis Nursing Team:

MS Team Coordinator tel: 020 8725 2104

**For more information leaflets on conditions, procedures, treatments and services offered at our hospitals, please visit [www.stgeorges.nhs.uk](http://www.stgeorges.nhs.uk)**

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## Additional services

### Patient Advice and Liaison Service (PALS)

PALS can offer you advice and information when you have comments or concerns about our services or care. You can contact the PALS team on the advisory telephone line Monday, Tuesday, Thursday and Friday from 2pm to 5pm.

A Walk-in service is available:

Monday, Tuesday and Thursday between 10am and 4pm  
Friday between 10am and 2pm.

Please contact PALS in advance to check if there are any changes to opening times.

The Walk-in and Advisory telephone services are closed on Wednesdays.

PALS is based within the hospital in the ground floor main corridor between Grosvenor and Lanesborough Wing.

**Tel:** 020 8725 2453 **Email:** [pals@stgeorges.nhs.uk](mailto:pals@stgeorges.nhs.uk)

### NHS Choices

NHS Choices provides online information and guidance on all aspects of health and healthcare, to help you make decisions about your health.

**Web:** [www.nhs.uk](http://www.nhs.uk)

### NHS 111

You can call 111 when you need medical help fast but it's not a 999 emergency. NHS 111 is available 24 hours a day, 365 days a year. Calls are free from landlines and mobile phones.

**Tel:** 111

### AccessAble

You can download accessibility guides for all our services by searching 'St George's Hospital' on the AccessAble website ([www.accessable.co.uk](http://www.accessable.co.uk)). The guides are designed to ensure everyone – including those with accessibility needs – can access our hospital and community sites with confidence.



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