



SOFT & BITE-SIZED

MENU


This menu is only intended for patients who have been assessed by a Speech and Language Therapist and require a texture modified diet. Some dishes will be fortified if advised by the clinical team.

If this selection does not meet your dietary requirements please inform a member of the Ward Staff.

BREAKFAST

A Continental Breakfast is served each day, please choose from the below.

Ready Brek (smooth texture)  

Weetabix - made with hot milk to a smooth texture 

Banana    

AVAILABLE MILKS - PLEASE ASK


Semi-Skimmed Milk  

Whole Milk   

Soya Milk   

Oat Milk   

YOGHURT

Thick & Creamy Fruit Yoghurts  

MAIN COURSE

Cottage Pie 

Chicken Supreme 

Beef Bolognese

Tuna Bake 

Vegetable Cottage Pie    

Macaroni Cheese 

CULTURAL (HALAL)

Chicken Curry 

Vegetable Tikka Masala  

ALLERGY AWARE

(Allergen-free dishes do not contain: gluten, milk, egg, celery, mustard, nuts, sesame, lupin, soya, fish, crustacea, mollusc or sulphites).

Chicken in Tomato & Basil Sauce  

Vegetable Casserole    

DESSERTS

Lemon Sponge  

Rice Pudding  

Summer Fruits & Vanilla Puree  

Thick & Creamy Yoghurt  

Chocolate Mousse   

SNACKS

Soft Sponge Cake  

Chocolate Mousse   

Custard Pot  

Thick & Creamy Yoghurt  

Banana    



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