



MINCED & MOIST

MENU

This menu is only intended for patients who have been assessed by a Speech and Language Therapist and require a texture modified diet. Some dishes will be fortified if advised by the clinical team.

If this selection does not meet your dietary requirements please inform a member of the Ward Staff.

BREAKFAST

A Continental Breakfast is served each day, please choose from the below.

Ready Brek (smooth texture)



Weetabix - made with hot milk to a smooth texture



AVAILABLE MILKS - PLEASE ASK

Semi-Skimmed Milk



Whole Milk



Soya Milk



Oat Milk



YOGHURT

Thick & Creamy Fruit Yoghurts



MAIN COURSE

Cottage Pie



Lancashire Hotpot

Fish in Cheese Sauce



Vegetable Lasagne



CULTURAL (HALAL)

Chicken Curry



Vegetable Tikka Masala



ALLERGY AWARE

(Allergen-free dishes do not contain: gluten, milk, egg, celery, mustard, nuts, sesame, lupin, soya, fish, crustacea, mollusc or sulphites).

Chicken Casserole



Lentil Bolognese



DESSERTS

Lemon Sponge



Rice Pudding



Summer Fruits & Vanilla Puree



Thick & Creamy Yoghurt



Chocolate Mousse



SNACKS

Chocolate Mousse



Custard Pot



Thick & Creamy Yoghurt

