







Any Late Order Meals can be chosen from the list below which covers each specialist diet. To order, please call Ext. 4000 Helpdesk, giving your ward name, bed number and meal choice. Please choose either a hot meal or a Salad or Sandwich, followed by a hot or cold dessert.

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MAIN MEALS (RENAL SUITABLE)

Sweet & Sour Chicken

Chicken with peppers and pineapple in a sweet and sour sauce, served with white rice with red pepper and peas.

Corned Beef Hash

Served with diced fried potatoes, accompanied with peas and carrots.

Sweet Potato & Bean Chilli

Sweet potato, red kidney beans and haricot beans in a mild tomato and chilli sauce, served with white rice seasoned with coriander.

Macaroni Cheese

Served with a mixture of broccoli, peas, carrots and sweetcorn.

HALAL & ETHNIC MEALS

Chicken Biryani

Served with moong dhal and vegetable masala.

Beef Curry

Served with tarka dhal and rice.

Spinach Masala

Served with chana dhal and rice.

TEXTURE MODIFIED MEALS

4 PUREE

Beef Bolognese Chickpea Stew

Chicken Tikka Masala

😈 MINCED & MOIST

Chicken Casserole

Cottage Pie

Vegetable Tikka Masala

SOFT & BITE-SIZED

Tuna Bake

Chicken in Tomato & Basil Sauce

Vegetable Casserole

ALLERGEN FREE MEALS

Roast Chicken in Gravy

Steam roast chicken in gravy with roast potatoes, mashed carrot and peas.

Chilli Con Carne

Minced beef, kidney beans and peppers in a chilli tomato sauce with vegetable rice.

Provençale Vegetable Bake

with green beans, peas and broccoli.

SALADS

Mixed leaf with sliced tomato and cucumber.

Cheese Salad

Chicken Salad

Egg Salad

Avocado, Sweet Potato & Tomato Salad @VVV

SANDWICHES

Available on white or brown bread.

Just Ham

Just Cheese

Tuna Mayonnaise

Egg Mayonnaise

Chicken Mayonnaise

Humous & Chickpea

DESSERTS

Rice Pudding

Strawberry Trifle

Thick & Creamy Yogurt

Fruit Cocktail Cheese & Crackers

Selection of Fresh Fruit

Courgette, haricot beans and peppers in tomato sauce topped with sauté potatoes,



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