

# FINGER FOOD MENU

As an alternative to a main meal a selection of hot or cold finger foods are available. Finger foods can help maximise independence with eating especially if the person is unable to use utensils, constantly active or prefers to come back to food later. Please choose either from the HOT MENU or COLD MENU.

## HOT MENU

### Chicken Goujons

Cooked pieces of breadcrumb coated formed chicken with added water, with skin on potato wedges, carrots and Romano green beans.

### Chipolatas

Cooked pork sausages with fried diced potato and broccoli.

### Fish Goujons

Strips of fish coated in breadcrumbs with chips and Romano green beans.

### Omelettes

Omelettes with fried diced potato, broccoli and baby sweetcorn.



## COLD MENU - SANDWICHES

### Just Cheese

### Just Ham

### Egg Mayonnaise



### Tuna Mayonnaise

### Chicken Mayonnaise

### Humous, Bean, Carrot & Peppers



## FRESH FRUIT & VEGETABLES

### Banana

### Satsuma



### Fruit Bag



## DESSERTS

### Chocolate Chip Cookie

### Assorted Biscuits

### Crisps



### Cheese

### Crackers

### Milkshake - Chocolate or Strawberry

