

# Domestic Abuse Services Directory

This leaflet explains about support for victims and perpetrators of domestic abuse. If you have any further questions or wish to enquire about more local support, please speak to a doctor or nurse caring for you.

## 24-hour National Domestic Violence Helpline

**Freephone 0808 2000 247**

A service for women experiencing domestic violence, their family, friends, colleagues and others calling on their behalf. It is run in partnership between Women's Aid and Refuge. Callers may first hear an answerphone message before speaking to a person.

[Home | Refuge National Domestic Abuse Helpline \(nationaldahelpline.org.uk\)](http://nationaldahelpline.org.uk)

## Men's Advice Line

**Freephone 0808 801 0327**

A confidential helpline for men experiencing domestic violence by a current or ex-partner. This includes all men whether in heterosexual or same-sex relationships. Offers emotional support, practical advice and information on a wide range of services for further help and support. Days and times of telephone support vary.

[www.mensadviceline.org.uk](http://www.mensadviceline.org.uk)

## LGBT+ Domestic Abuse Helpline

**Freephone 0800 999 5428**

A helpline for LGBT+ people who have or are experiencing domestic abuse. Also for people supporting a survivor of domestic abuse, friends, families and those working with a survivor. Days and times of telephone support vary.

[www.galop.org.uk](http://www.galop.org.uk)

## Honour Based Abuse Helpline

**Freephone 0800 5999 247**

A service supporting male and female victims of all ages and ethnic backgrounds experiencing honour based abuse and forced marriage. Also for professionals who are supporting people affected by honour based abuse. Days and times of telephone support vary.

[www.karmanirvana.org.uk](http://www.karmanirvana.org.uk)

## **Victim Support 24-hour Support Line Freephone 0808 1689 111**

An independent charity supporting victims of crime and traumatic incidents. Provides specialist assistance to help people cope, move on and get back on track with their lives.

[www.victimsupport.org.uk](http://www.victimsupport.org.uk)

## **For Deaf Victims**

Women can now receive free, confidential support around domestic abuse from helpline advisers, via a qualified BSL interpreter on a video call. Days and times of telephone support vary.

[www.nationaldahelpline.org.uk/en/bsl](http://www.nationaldahelpline.org.uk/en/bsl)

## **Translated guidance and easy read versions available here:**

Translated advice [www.gov.uk/guidance/domestic-abuse-how-to-get-help](http://www.gov.uk/guidance/domestic-abuse-how-to-get-help)

Easy Read Version [www.gov.uk/government/publications/domestic-abuse-how-to-get-help-easy-read-version](http://www.gov.uk/government/publications/domestic-abuse-how-to-get-help-easy-read-version)

## **Respect Phonenumber**

### **Freephone 0808 802 4040**

A confidential helpline for people who are abusive and / or violent towards their partners. Offers information and advice to support perpetrators to stop their violence and change their abusive behaviours. The focus is to increase the safety of those experiencing domestic violence. Days and times of telephone support vary.

[www.respectphonenumber.org.uk](http://www.respectphonenumber.org.uk)

**For more information leaflets on conditions, procedures, treatments and services offered at our hospitals, please visit [www.stgeorges.nhs.uk](http://www.stgeorges.nhs.uk)**

## **Additional services**

### **Patient Advice and Liaison Service (PALS)**

PALS can offer you on-the-spot advice and information when you have comments or concerns about our services or the care you have received. You can visit the PALS office between 9.30am and 4.30pm, Monday to Friday in the main corridor between Grosvenor and Lanesborough wings (near the lift foyer).

**Tel:** 020 8725 2453 **Email:** [pals@stgeorges.nhs.uk](mailto:pals@stgeorges.nhs.uk)

### **NHS Choices**

NHS Choices provides online information and guidance on all aspects of health and healthcare, to help you make decisions about your health.

**Web:** [www.nhs.uk](http://www.nhs.uk)

## NHS 111

You can call 111 when you need medical help fast but it's not a 999 emergency. NHS 111 is available 24 hours a day, 365 days a year. Calls are free from landlines and mobile phones.

**Tel:** 111

## AccessAble

You can download accessibility guides for all our services by searching 'St George's Hospital' on the AccessAble website ([www.accessable.co.uk](http://www.accessable.co.uk)).

The guides are designed to ensure everyone – including those with accessibility needs – can access our hospital and community sites with confidence.



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