

Fetal Growth and Your Baby

Congratulations on your pregnancy. This is a time of happiness but can also worry parents. The vast majority of babies will grow normally, but some may need further monitoring.

High surveillance

You have a singleton pregnancy with:

- Increased chance early pregnancy screening result (greater than 1:50) for preterm pre-eclampsia and/or fetal growth restriction, or
- High resistance uterine artery Doppler at the anomaly scan, or
- Pre-pregnancy high blood pressure or diabetes.

If you meet these criteria then you will have:

- A discussion about the benefits of taking aspirin (150mg daily), as this can reduce the risk of preterm pre-eclampsia by half
- An anomaly scan at 20-22 weeks
- A growth scan arranged for 28 and 36 weeks
- Induction of labour offered from 40 weeks
- A high surveillance sticker placed in your notes.

Please note that depending on events in your pregnancy, we may sometimes change the care pathway for your pregnancy. This will be addressed by your Obstetrician, Midwife or Sonographer.

Contact us

If you have any questions or concerns about your results or aspirin please contact your community midwife on the number provided at your booking appointment or the Fetal Medicine Unit on 020 8725 0857.

For more information leaflets on conditions, procedures, treatments and services offered at our hospital, please visit

www.stgeorges.nhs.uk

