

# Haemophilia Centre

**This leaflet explains more about the services offered by the adult haemophilia centre. If you have any further questions, please contact us on 020 8725 0763 or email [stgh-tr.stgeorgeshaemophiliacentre@nhs.net](mailto:stgh-tr.stgeorgeshaemophiliacentre@nhs.net)**

## **What is the haemophilia centre?**

The haemophilia centre offers services to individuals and families affected by inherited bleeding disorders such as haemophilia, von Willebrand disease, platelet disorders and other factor deficiencies.

## **Who can attend the centre?**

Patients can be referred to the centre by their GP or another health care professional if they have or if a family member has been diagnosed with an inherited bleeding disorder.

People with symptoms of a bleeding disorder or abnormal clotting test results may also be referred.

If a diagnosis is confirmed, the patient will be registered with the service and will be able to contact the team directly with any questions or concerns about their bleeding disorder.

## **What can I expect once I have been referred?**

Your first appointment will normally be with a nurse specialist in Clinic 5, ground floor, St James' Wing on a Thursday afternoon. You will have a blood test, and the nurse will gather information about your bleeding symptoms, past medical history, family history and medications.

You will then need more blood tests to confirm your diagnosis.

After your first appointment you will be offered a follow up in the haemophilia clinic with a haemostasis consultant to discuss the test results and how best to manage your bleeding disorder.

## **What is the haemophilia clinic?**

The haemophilia clinic is held every first, fourth and fifth Wednesday afternoon each month in clinic five, ground floor, St James' Wing. This clinic is for patients with an inherited bleeding disorder or for those who are suspected of having one.

Patients with mild bleeding disorders are normally seen once a year, but sometimes a telephone clinic may be offered.

If you have a moderate to severe bleeding disorder you will normally be seen in clinic every six months to discuss how best to manage your bleeding disorder and any related issues.

## **Who will I see in clinic?**

There will normally be two haemostasis consultants, a nurse specialist and a specialist registrar at the clinic.

A physiotherapist is normally available in clinic for patients with moderate or severe haemophilia who also have musculoskeletal complications, such as target joints.

## **What other services are available?**

A range of comprehensive care services is provided including:

- specialist dentistry for patients with inherited bleeding disorders
- obstetrics and gynaecology services
- genetic counselling
- clinical trials/research nurse
- joint orthopaedic clinics
- joint hepatitis clinics
- clinical infection unit
- physiotherapy
- clotting factor home delivery service.

## Useful sources of information

The Haemophilia Society is a UK wide charity for everyone affected by a bleeding disorder:

Website: [www.haemophilia.org.uk](http://www.haemophilia.org.uk)

email: [info@haemophilia.org.uk](mailto:info@haemophilia.org.uk)

Freephone: 0800 018 6068.

World Federation of Hemophilia

Website: [www.wfh.org](http://www.wfh.org)

## Contact us

If you have any questions or concerns about the haemophilia centre, please contact the haemophilia team on 020 8725 0763 (Monday to Friday, 8am to 5pm). Out of hours, please contact the hospital switchboard on 020 8672 1255 and ask for the on-call haematology registrar.

**For more information leaflets on conditions, procedures, treatments and services offered at our hospitals, please visit [www.stgeorges.nhs.uk](http://www.stgeorges.nhs.uk)**

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## Additional services

### Patient Advice and Liaison Service (PALS)

PALS can offer you on-the-spot advice and information when you have comments or concerns about our services or the care you have received. You can visit the PALS office between 9.30am and 4.30pm, Monday to Friday in the main corridor between Grosvenor and Lanesborough wings (near the lift foyer).

**Tel:** 020 8725 2453 **Email:** [pals@stgeorges.nhs.uk](mailto:pals@stgeorges.nhs.uk)

### NHS Choices

NHS Choices provides online information and guidance on all aspects of health and healthcare, to help you make decisions about your health. **Web:** [www.nhs.uk](http://www.nhs.uk)

## NHS 111

You can call 111 when you need medical help fast but it's not a 999 emergency. NHS 111 is available 24 hours a day, 365 days a year. Calls are free from landlines and mobile phones. **Tel:** 111

## AccessAble

You can download accessibility guides for all of our services by searching 'St George's Hospital' on the AccessAble website ([www.accessable.co.uk](http://www.accessable.co.uk)). The guides are designed to ensure everyone – including those with accessibility needs – can access our hospital and community sites with confidence.



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