

Department of Renal Medicine & Transplantation

Follow up after donating a kidney

This information is for patients who have donated a kidney. If you have any further questions, please speak to a doctor or nurse caring for you.

Before your operation you underwent many tests to ensure that you could safely donate your kidney. After the operation we recommend that you should continue to have medical follow up and a regular review of your health and any medication you are taking. These tests can be performed by your local hospital or by your GP. We may contact you about the results if you choose to have your GP to follow you up. Please let us know if you change your address.

The tests that should be performed are

- **A blood pressure reading**
- **A weight check**
- **A urine check for protein or infection**
- **A blood test to check your current kidney function.**

You will be seen by the surgeon two weeks after your operation. An appointment will be made for you to see the living donor coordinator or kidney doctor after six to 12 weeks. The tests should be repeated six months after your surgery and yearly for the rest of your life.

If you are diagnosed with a serious illness after donation, please let your living donor coordinator know.

These are the British Transplantation Society recommendations.

Contact us

If you have any questions about your follow up, please contact the living donor coordinators at your local hospital.

St George's Hospital 020 8725 0305 / 0745 / 1035

St Helier Hospital 020 8296 4522

Royal Sussex County Hospital 01273 696 955 Ext 7478

For more information leaflets on conditions, procedures, treatments and services offered at our hospitals, please visit www.stgeorges.nhs.uk

Additional services

Patient Advice and Liaison Service (PALS)

PALS can offer you on-the-spot advice and information when you have comments or concerns about our services or the care you have received. You can visit the PALS office between 9.30am and 4.30pm, Monday to Friday in the main corridor between Grosvenor and Lanesborough wings (near the lift foyer).

Tel: 020 8725 2453 **Email:** pals@stgeorges.nhs.uk

NHS Choices

NHS Choices provides online information and guidance on all aspects of health and healthcare, to help you make decisions about your health.

Web: www.nhs.uk

NHS 111

You can call 111 when you need medical help fast but it's not a 999 emergency. NHS 111 is available 24 hours a day, 365 days a year. Calls are free from landlines and mobile phones.

Tel: 111

AccessAble

You can download accessibility guides for all of our services by searching 'St George's Hospital' on the AccessAble website (www.accessable.co.uk). The guides are designed to ensure everyone – including those with accessibility needs – can access our hospital and community sites with confidence.

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