

St George's Hospital
Wandsworth & Merton CCGs

Schools Emergency Asthma Bag

Instructions for Use

- Check the pupil is known to have asthma and that the parent has consented to use the emergency asthma inhaler.
- If they have their own asthma inhaler and spacer – that should be used as first preference

Use of Emergency Asthma Inhaler

- **Responding to signs of an asthma attack**

- Keep calm and reassure the child
- Encourage the child to sit up and slightly forward.
- Remain with child while inhaler and spacer are brought to them.
- Help the child to take **two** separate puffs of the inhaler via the spacer, 60 seconds apart (see instructions inside for the use of the inhaler and disposable spacer)
- If there is no immediate improvement, continue to give an additional puff every minute, up to a maximum of 10 puffs, until their symptoms improve.
- Stay calm and reassure the child. Stay with the child until they feel better. The child can return to school activities when they feel better
- If the child does not feel better or you are worried **CALL 999 FOR AN AMBULANCE**
- If an ambulance does not arrive in 15 minutes give another 10 puffs in the same way.

- **Afterwards**

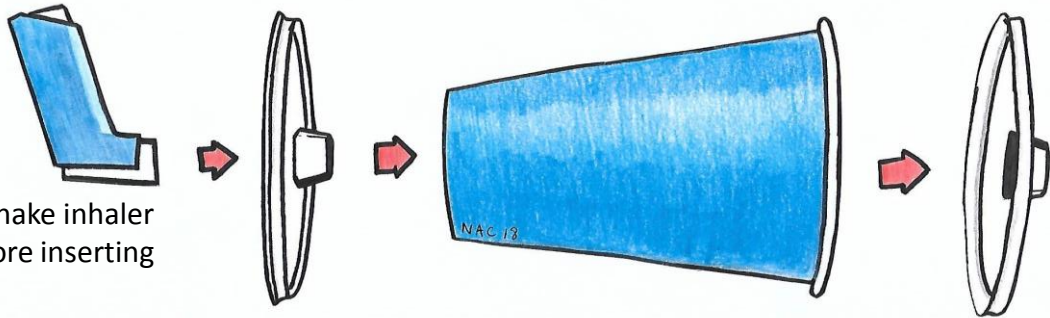
- Record the event in the log sheet enclosed in the bag.
- Inform the parent and school nurse
- Discard the spacer. Return the inhaler into the bag.
- Return the asthma bag to the original location.

Children & Young People should always use an inhaler with a spacer during an asthma attack

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Schools Emergency Asthma Inhalers

How to use inhaler and spacer

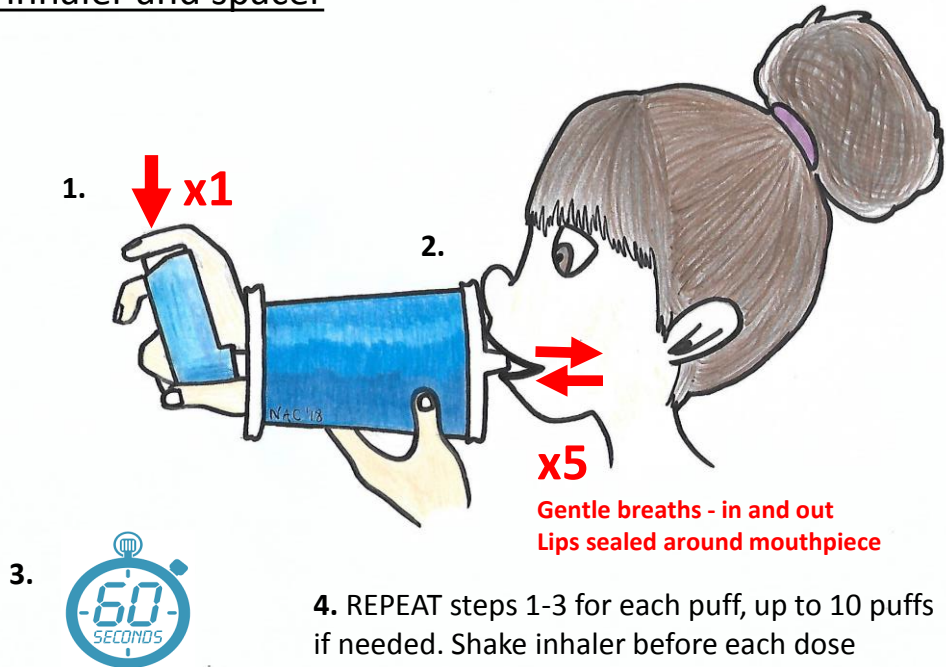
1. Construct inhaler & spacer as shown



2. Shake inhaler
before inserting

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How to use inhaler and spacer



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