

Antenatal Pathway

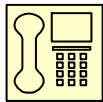

Congratulations on your pregnancy and thank you for choosing to have your baby at St George's.












Due to the current outbreak of Covid-19 we have changed our pattern of antenatal care offered to women. These changes have been agreed by our senior midwives and doctors and are based on the best available evidence to keep you and your baby safe.

You will be given your midwife's phone number. Please do not hesitate to contact your midwife if you have any questions or concerns. We are also keeping our website updated with useful information: <https://www.stgeorges.nhs.uk/service/maternity-services/>

Please let your midwife know as soon as possible if any of your contact information changes as we will need to contact you by telephone for some of your appointments.

The following table shows when you can expect antenatal appointments and scans during your pregnancy. Your midwife will let you know if you require any additional appointments. All scan appointments take place in the Fetal Medicine Unit, 4th Floor Lanesborough Wing. Your midwife will tell you where your other appointments in person will take place as this varies depending on your midwifery team. You should attend your appointments by yourself – no partners or children will be allowed into your appointments or waiting room.

	<p>Telephone Appointment. Please find a quiet place to take the phone call which may come from a 'withheld' or 'unknown' number</p>
	<p>Appointment in person. Unfortunately due to visiting restrictions in place at the hospital we must ask you to come alone to all of your antenatal appointments and scans.</p>

Gestation	Type of appointment	What will happen
Booking appointment for women under 14 weeks gestation		The midwife will ask about your medical history, any previous pregnancies and your current pregnancy.
Dating scan (up to 14 weeks)		You will have an ultrasound scan to check your baby's development
Screening appointment (up to 10 weeks)		You will have some blood taken for testing and screening options will be discussed. You will be given your handheld notes and have your BP and urine checked.
16 weeks		Your midwife will check how you are feeling, share your blood results and talk through the information available to you.
Anomaly Scan (after 20 weeks)		Ultrasound scan to check your baby's development. Afterwards you need to go to the Maternity Hub to have your blood pressure and urine checked and your blood results to be reviewed.
28 weeks		Your midwife will take blood for testing, check your blood pressure and urine and carry out a risk assessment. Other tests, such as Glucose Tolerance Testing will be offered and arranged if necessary, and the midwife will listen to your baby's heart rate.
32/34 weeks		Your midwife will check how you are feeling. If it is your first baby you will have two phone calls at 32 and 34 weeks. If it is a subsequent pregnancy then you will have a phone call at 34 weeks.
36 week ultrasound scan		Ultrasound scan to check your baby's development. Afterwards you may be asked to have your blood pressure and urine checked and your blood results will be reviewed
36-38 weeks (Women in their first pregnancy only)		Your midwife will call you and see how you are, discuss your birth plan, induction of labour and carry out a risk assessment.
40 weeks		Your midwife will check your blood pressure and urine and see how you are feeling. You will be offered a sweep and can discuss induction of labour
41+ weeks		You will see a midwife in the Day Assessment Unit for a 'Post-dates' assessment

