

## Community Breastfeeding Support in Your Area



**St. George's Infant Feeding Team**  
**07766800365 (M-F, 9-5) | infant.feeding@stgeorges.nhs.uk**

**Wandsworth, Merton, Mitcham and Wimbledon**

**In light of the current circumstances surrounding covid-19 breastfeeding support groups are subject to cancellation. Please call the phone numbers by the venues before you attend groups to check if they are running.**

**The Infant feeding Team (IFT) at St Georges are running a reduced service by appointment only at Tooting Health centre and at Stormont Health centre. Details below.**

**Alternatively if you would like to talk to a member of the IFT please call the number above or email: infant.feeding@stgeorges.nhs.uk**

Day	Venue	Time
Monday	<u>Chesterton Children's Centre</u> Dagnall St, SW11 5DT   02076221619	11:00 - 12:30
	<u>Tooting Health Centre</u> 63 Bevill Allen Close, Tooting, SW17 8PX	12:30-5:00pm <b>Appointment only</b>
	<u>Thomas Wall Childrens Centre</u> 69 Western Road, Sutton, SM1 2SX   02087220280	09:30 - 11:30
Tuesday	<u>Balham Health Centre</u> 120 Bedford Hill, SW12 9HS   02088126200	14:00 - 15:30
	<u>West Hill in the Park</u> King George Park, Buckhold Road, SW18   02088716655	14:00 – 16:00
	<u>Acacia Childrens Centre</u> run by IBCLC 230 Grove Road, Mitcham, CR4 1SD   03300539264	9:00 -17:00 <b>Appointment only</b>
Wednesday	<u>Eileen Lecky Health Centre</u> 2 Clarendon Drive, SW15 1AA   02085446101	13:00 – 14:30
	<u>Southmead Children's Centre</u> Princes Way, SW19 6QT   02087884379	10:30 – 12:00
	<u>Church Road Children's Centre</u> 243 Church Road, CR4 3LS   020 8274 5300 run by Health Visitors	1-2.30pm
Thursday	<u>Stormont Health centre</u> Stormont Road SW11 5EG   02088125700 Infant Feeding team 07766800365 Specialist breastfeeding support	9:30-13:00 <b>Appointment only</b>
	<u>Tweeddale Childrens Centre</u> Tweeddale Rd, SM5 1SW   02084041640	10.00-12.00

	Breastfeeding London Café (SW19 3DS) To book: 07414490090/ Indira.lactationconsultant@gmail.com  Run by IBCLCs providing excellence in support and continuity of care. More info: <a href="http://www.breastfeedinglondon.co.uk">www.breastfeedinglondon.co.uk</a>	09:00 – 12:00 <b>Appointment only</b>
Friday	<u>Franciscan Children's Centre</u> Franciscan Rd, SW17 8HQ   02086723948	10:00 – 12:00

### Lambeth and Southwark

Day	Venue	Time
Monday	<u>Stockwell Childrens Centre</u> Burgoyne Road, SW9 9TG	11:00-13:00
Tuesday	<u>St Stephens Childrens Centre</u> Meadow Place, SW8 1XZ	10:30 – 12:30
Wednesday	<u>Bermondsey and Rotherhithe Breastfeeding Support Café</u> Southwark Park (entrance Hawkstone Rd), SE16 2PF   02030497103 / 02030497093	10:00 – 11:30
	<u>Breastfeeding Support, Streatham Hub Children's Centre</u> 388 Streatham High Road, SW16 6HX	10:00 – 12:00
Thursday	<u>Peckham &amp; Camberwell Breastfeeding Support Café</u> Peckham Library 5 <sup>th</sup> fl., 122 Peckham Hill St, SE15 5PR   02071387815 / 02030494828	10:00 – 11:30
Friday	<u>Breastfeeding Support Café, Ellen Brown Children's Centre</u> 145 Grange Rd., SE1 3EU	09:30 – 11:30
	<u>Breastfeeding Support Café, Kingswood Children's Centre</u> Bentons Lane, SE27 9UD   02034090704	10:00 – 12:00

### Voluntary Sector Support in Wandsworth (run by trained breastfeeding supporters)

Day	Venue		Time
Monday	St Andrews Church, Laitwood Rd, SW12 9QH	Run by NCT and Le Leche Counsellors	10:00 – 12:00
	St Michaels Church, 71 Wimbledon Park Rd, SW18 5TT	Run by NCT Counsellors	13:00 – 14:30
Tuesday	<u>Café Le Leche Merton</u> Hillside Church, 37 Worple Rd , SW19 4JZ	Run by Le Leche leaders	10:00 – 12:00
Thursday	10-12 Gooseberry Bush, 115 Kingston Rd, SW19 1LT		10:00 – 12:00 <b>£20 first session</b>

### Helplines and Online Breastfeeding Support

- St. George's Hospital online info: [www.stgeorges.nhs.uk/maternity/postnatal](http://www.stgeorges.nhs.uk/maternity/postnatal)
- [www.kellymom.com](http://www.kellymom.com) – IBCLC breastfeeding advice
- [www.globalhealthmedia.com](http://www.globalhealthmedia.com) – breastfeeding videos
- Le Leche League | [www.leleche.org.uk](http://www.leleche.org.uk) / 0845 129 2918
- Start4Life (NHS Breastfeeding info) | <https://www.nhs.uk/start4life/baby/breastfeeding>
- First Steps Nutrition (Independent Public Health Nutrition Charity) | [www.firststepsnutrition](http://www.firststepsnutrition)
- National Breastfeeding helpline | 0300 100 0212, open 09:30 -21:30
- Association of Breastfeeding Mothers | [www.abm.me.uk](http://www.abm.me.uk) / 0844 412 2949
- Breastfeeding Network | [www.breastfeedingnetwork.org.uk](http://www.breastfeedingnetwork.org.uk) / 0300 100 0210, open 09:30 – 21:30
- Breastfeeding Network Bengali Line | 07944 879759, open 09:30 – 21:30
- Breastfeeding Network Drug line | 0844 412 4665, answerphone
- 'From Bump to Breastfeeding' film | [www.bestbeginnings.org.uk](http://www.bestbeginnings.org.uk)