

Community Breastfeeding Support in Your Area



St. George's Infant Feeding Team
07766800365 (M-F, 9-5) | infant.feeding@stgeorges.nhs.uk

Wandsworth, Merton, Mitcham and Wimbledon

Day	Venue	Time
Monday	<u>Chesterton Children's Centre</u> Dagnall St, SW11 5DT 02076221619	11:00 - 12:30
	Specialist Breastfeeding Clinic (including Colostrum Harvesting and Tongue Tie Assessment) <u>Macmillan Way GP Surgery</u> 103 Macmillan Way, SW17 6AT 07766800365	09:00 – 17:00 Appointment only
	<u>Thomas Wall Childrens Centre</u> 69 Western Road, Sutton, SM1 2SX 02087220280	09:30 - 11:30
Tuesday	<u>Balham Health Centre</u> 120 Bedford Hill, SW12 9HS 02088126200	14:00 - 15:30
	<u>West Hill in the Park</u> King George Park, Buckhold Road, SW18 02088716655	14:00 – 16:00
	<u>Breastfeeding London Café (SW19 3DS)</u> To book: 07414490090/ Indira.lactationconsultant@gmail.com Run by IBCLCs providing excellence in support and continuity of care. More info: www.breastfeedinglondon.co.uk	09:00 – 12:00 Appointment only
Wednesday	<u>Eileen Lecky Health Centre</u> 2 Clarendon Drive, SW15 1AA 02085446101	13:00 – 14:30
	<u>Southmead Children's Centre</u> Princes Way, SW19 6QT 02087884379	10:30 – 12:00
	<u>Church Road Children's Centre</u> 243 Church Road, CR4 3LS 020 8274 5300	1-2.30pm run by Health Visitors
Thursday	<u>Stormont Health Centre</u> Stormont Road, SW11 5EG 02088125700	Infant feeding Team 07766800365 10:00 – 12:00
	Specialist breastfeeding support – drop in. Please come before 11:30am	
	<u>Tweedale Children's Centre</u> Tweedale Rd, SM5 1SW 02084041640	10.00-12.00
Friday	<u>Franciscan Children's Centre</u> Franciscan Rd, SW17 8HQ 02086723948	10:00 – 12:00

Lambeth and Southwark

Day	Venue	Time
Monday	<u>Clapham Manor Children's Centre</u> Belmont Row, SW4 6AT 02076279917	14:00 – 16:00
	<u>Dulwich Breastfeeding Support Café, Albrighton Centre</u> Albrighton Rd, SE22 8AH 02030497544 / 02030498858	10:00 – 11:30
Tuesday	<u>Breastfeeding Support Café, Crawford Children's Centre</u> SE5 9NF 07766307521 / 07342059114	13:00 – 15:00
	<u>Breastfeeding Support Café, Liz Atkinson Children's Centre</u> Mostyn Rd, SW9 6PH 02075870914	10:00 – 12:00
Wednesday	<u>Bermondsey and Rotherhithe Breastfeeding Support Café</u> Southwark Park (entrance Hawkstone Rd), SE16 2PF 02030497103 / 02030497093	10:00 – 11:30
	<u>Breastfeeding Support, Streatham Hub Children's Centre</u> 388 Streatham High Road, SW16 6HX	10:00 – 12:00
Thursday	<u>Peckham & Camberwell Breastfeeding Support Café</u> Peckham Library 5 th fl., 122 Peckham Hill St, SE15 5PR 02071387815 / 02030494828	10:00 – 11:30
Friday	<u>Breastfeeding Support Café, Ellen Brown Children's Centre</u> 145 Grange Rd., SE1 3EU	09:30 – 11:30
	<u>Breastfeeding Support Café, Kingswood Children's Centre</u> Bentons Lane, SE27 9UD 02034090704	10:00 – 12:00

Voluntary Sector Support in Wandsworth (run by trained breastfeeding supporters)

Day	Venue		Time
Monday	St Andrews Church, Laitwood Rd, SW12 9QH	Run by NCT and Le Leche Counsellors	10:00 – 12:00
	St Michaels Church, 71 Wimbledon Park Rd, SW18 5TT	Run by NCT Counsellors	13:00 – 14:30
Tuesday	<u>Café Le Leche Merton</u> Hillside Church, 37 Worple Rd, SW19 4JZ	Run by Le Leche leaders	10:00 – 12:00
Thursday	10-12 Gooseberry Bush, 115 Kingston Rd, SW19 1LT		10:00 – 12:00 £20 first session

Helplines and Online Breastfeeding Support

- St. George's Hospital online info: www.stgeorges.nhs.uk/maternity/postnatal
- Le Leche League | www.leleche.org.uk / 0845 129 2918
- Start4Life (NHS Breastfeeding info) | <https://www.nhs.uk/start4life/baby/breastfeeding>
- First Steps Nutrition (Independent Public Health Nutrition Charity) | www.firststepsnutrition
- National Breastfeeding helpline | 0300 100 0212, open 09:30 -21:30
- Association of Breastfeeding Mothers | www.abm.me.uk / 0844 412 2949
- Breastfeeding Network | www.breastfeedingnetwork.org.uk / 0300 100 0210, open 09:30 – 21:30
- Breastfeeding Network Bengali Line | 07944 879759, open 09:30 – 21:30
- Breastfeeding Network Drug line | 0844 412 4665, answerphone
- 'From Bump to Breastfeeding' film | www.bestbeginnings.org.uk