



We believe that every birth should be special and personal.

You can make choices about your birth in theatre and we will follow these as much as possible.



Please tick which you would like:

Gender:	I already know my baby's gender	
	I would like to be shown my baby's gender	
	I would like my birth partner to tell me my baby's gender	
	I would like the surgeon to tell me my baby's gender	
	Other:	_
Reveal:	I would like the screen to be up throughout	
	I would like the screen lowered as the baby is being born	
Ambience:	What music and lighting would you like?	
P artner:	My birth partner would like to cut the cord	
Extras:	Vitamin K Oral 🗆 Injection	
	Delayed Cord Clamping	
S kin to skin:	I would like immediate skin to skin with my baby	
	I would like my baby to be checked first, then skin to skin	
	I would like my birth partner to have skin to skin with my baby	
	I don't want skin to skin	