



We believe that every birth should be special and personal.

You can make choices about your birth in theatre and we will follow these as much as possible.

GRAPES: My theatre choices

Please tick which you would like

Gender: I already know my baby's gender ☐

I would like to be shown my baby's gender ☐

I would like my birth partner to tell me my baby's gender ☐

I would like the surgeon to tell me my baby's gender ☐

Other: _____

Reveal: I would like the screen up throughout ☐

I would like the screen lowered as the baby is being born ☐

Ambience: What music and lighting would you like?

Partner: My birth partner would like to cut the cord ☐

Extras: Vit K oral ☐ injection ☐

Delayed cord clamping ☐

Skin to skin: I would like immediate skin to skin with my baby ☐

I would like my baby to be checked first, then skin to skin ☐

I would like my birth partner to have skin to skin with my baby ☐

I don't want skin to skin ☐