



We believe that every birth should be special and personal.

You can make choices about your birth in theatre and we will follow these as much as possible.

GRAPES: My theatre choices

Please tick which you would like

Gender: I already know my baby's gender

I would like to be shown my baby's gender

I would like my birth partner to tell me my baby's gender

I would like the surgeon to tell me my baby's gender

Other: _____

Reveal: I would like the screen up throughout

I would like the screen lowered as the baby is being born

Ambience: What music and lighting would you like?

Partner: My birth partner would like to cut the cord

Extras: Vit K oral injection

Delayed cord clamping

Skin to skin: I would like immediate skin to skin with my baby

I would like my baby to be checked first, then skin to skin

I would like my birth partner to have skin to skin with my baby

I don't want skin to skin