

Information About Your Referral

Thank you for attending the breast assessment clinic.

As we discussed you were recalled to the assessment clinic because of some concern about an area of tissue in your left / right breast.

You had:

Breast x-rays (mammograms) Breast examination Ultrasound scan Needle biopsy

The results of the biopsy:

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What happens next?

We will inform your GP practice of this result and we will refer you to see a specialist breast surgeon. You do not need to see your GP for this referral to take place.

Your first outpatient appointment should be within two weeks. We would expect your treatment (usually surgery) to begin within four weeks of you seeing the breast surgeon.

If you have any questions or concerns before your appointment, please contact the breast care nurse you met today by telephoning 020 8725 2726.

The breast care nurse you met today was.....

Where do I need to go for this appointment?

The Breast Unit, The Rose Centre (on the Perimeter Road), St George's Hospital, Blackshaw Road, London, SW17 0QT

The Breast Team at St. George's University Hospital

Consultant Breast Surgeons:

Mr. A Sharma	Mr. D. Banerjee
Ms. N. Betambeau	Ms. S. Tang

Associate Specialist:

Dr Catherine Coleman

Surgical Breast Care Nurses:

Tracy Hall & Alison Gent Tel: 0208 725 4745

Oncology Breast Care Nurse:

Clare Brown Tel: 020 8725 4745

Specialist Nurse Practitioners:

Joe Diffley
Fiona Butler
Manjula Lama

What to expect at your first outpatient appointment

This appointment is usually held on a Wednesday or Thursdays.

Your scans and biopsy results will have been discussed in a multidisciplinary team meeting prior to your appointment, in order to discuss the most appropriate treatment for you. The needle biopsy result and relevant treatment options will then be discussed with you. You will be given more details about the surgery, what it involves, and what to expect afterwards. The surgeon will also discuss other recommended treatments.

You will get information about your admission date and your likely length of stay in hospital. The majority of women have day case surgery or only stay one night in hospital.

You may also be given advice about recovery time and when to return to work after your operation.

You may be sent for some routine tests, for example blood tests and a chest x-ray. You will also be seen in a pre-op assessment clinic prior to your surgery. This is usually held on a Friday. You will either meet or be given information about how to contact the Breast Care Nurse who works in the unit. Their contact details are included overleaf. Please feel free to bring a relative or friend if you wish.

If you require radiotherapy, this would not take place at St George's Hospital, but at the Royal Marsden Hospital (Sutton or Chelsea branch). All other treatment and follow up would remain at St George's Hospital.

The doctor/specialist practitioner who you met today was:

The doctor/specialist practitioner who you met at the assessment appointment was

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Useful sources of information

Breast Cancer Care: Tel: 0808 800 6000
www.breastcancercare.org.uk

Macmillan: Tel: 0808 808 0000
www.macmillan.org.uk

Cancer Research UK: Tel: 0808 800 4040
www.cancerresearchuk.org

Breakthrough Breast Cancer: Tel: 0808 010 0200
www.breakthrough.org.uk

Contact us

If you have any questions or concerns about your referral, please contact our Clinical Nurse Specialists on 020 8725 2726 (24hour answer phone)

For more information leaflets on conditions, procedures, treatments and services offered at our hospitals, please visit www.stgeorges.nhs.uk

Additional services

Patient Advice and Liaison Service (PALS)

PALS can offer you on-the-spot advice and information when you have comments or concerns about our services or the care you have received. You can visit the PALS office between 9.30am and 4.30pm, Monday to Friday in the main corridor between Grosvenor and Lanesborough Wing (near the lift foyer).

Tel: 020 8725 2453 **Email:** pals@stgeorges.nhs.uk

NHS Choices

NHS Choices provides online information and guidance on all aspects of health and healthcare, to help you make decisions about your health.

Web: www.nhs.uk

NHS 111

You can call 111 when you need medical help fast but it's not a 999 emergency. NHS 111 is available 24 hours a day, 365 days a year. Calls are free from landlines and mobile phones.

Tel: 111



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