



AIMING TO IMPROVE BIRTH
EXPERIENCE IN THEATRE

May 2018

New Beginnings is an experience based co-design project aiming to improve the experience of birth in our operating theatres. It is led by Emma Evans and Julia Crawshaw, with a steering group made up of members of the diverse team that provides care for women including midwives, ODPs and theatre nurses. This newsletter should bring you up to date with what has happened so far and what the next steps are. If you have any suggestions

pls get in touch via

New.Beginnings@stgeorges.nhs.uk



Understanding what our mums go through

We have created a focus of training on understanding what we ask of our mums by putting ourselves in their shoes. Ad hoc sessions have been taking place involving anaesthetists, midwives, obstetricians, ODPs, anaesthetic nurses and cord blood technicians to reflect on what its like to be a mother coming into our operating theatres. We are now planning a formal training slot every month to coincide with the theatres/ anaesthetic protected teaching from 8-9am. In May/June these will be held on Wednesdays and rotate to Thurs in July

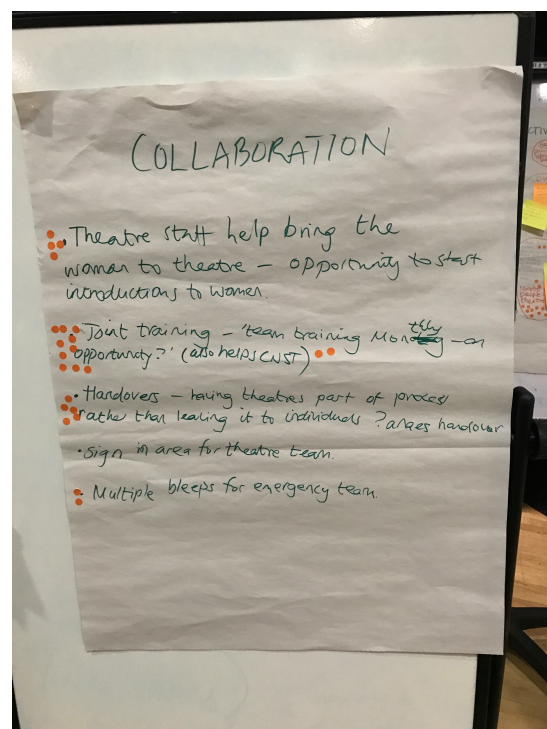
We have created a growing bank of reflections and change ideas from this very simple concept so get in touch with your perspectives on improvements you feel could work

Staff Event 9 May 2018

Staff who have taken part in interviews for New Beginnings discussing their roles and perspectives of birth in theatres gathered to watch the fruits of their work and to discuss what changes could result from the reflections they had from the films

Film themes were
JOY PROCESS PERSPECTIVES FAMILIARITY
COLLABORATION

Interviews had been recorded, transcribed and thematically analysed to create a top 5 list to work from. Staff came together in multidisciplinary groups to discuss and vote on ideas to take forward to the staff-patient co-design event in the Autumn and identified some priorities for local improvements particularly around forming a joint training session and incorporating more theatre staff into daily handovers so that they might connect more with women and their families ahead of meeting them in theatre



Change in action

We thought we would welcome mothers and their families to the operating theatres with additional explanations as to who's who that they may not already know there - it's so easy to think that it's so obvious but not to our families. The welcome board is a work in progress so any suggestions as to what other themes we can use it for then please shout!

Jenny - one of our Maternity anaesthetic nurses - grabbed the pens and proved to us what an artist in waiting she is! We will have more work for you soon Jenny!



Our wedge cushions have been up cycled! As they are no longer part of the resuscitation algorithm we've had them re-covered in beautiful spotty tar cloth fabric and these can be used for mum needing instrumental delivery in theatre to improve their position

Next stop

Watch out for the gallery of theatre staff so you never need to wonder who you're calling for a case

Team training needs midwives so pls let us know if you can come even after you night shift for 20-30 min

Shadowing on the agenda as a way to understand each others' roles better- watch out for new faces in different places!

The results so far from 'Question of the Week



To follow the project go to

<https://www.stgeorges.nhs.uk/service/maternity-services/new-beginnings/>

Or follow us on Twitter @NbBeginnings







