

Community Breastfeeding Support in Your Area



St. George's Infant Feeding Team
07766800365 (M-F, 9-5)

Wandsworth, Merton, Mitcham and Wimbledon

Day	Venue	Time
Monday	Chesterton Childrens Centre Dagnall St SW11 5DT 02076221619	11-12:30am
	Colostrum Harvesting Clinic (for women with pre-existing medical conditions) Macmillan Way Surgery SW17 6AT 07766800365	9am-12:30pm Appointment only
	Specialist Breastfeeding, Tongue tie assessment and review Clinic Macmillan Way Surgery 103 Macmillan Way SW17 6AT 02084073670/ 07766800365 call for apt.	1230 -4pm Appointment only
	Thomas Wall Childrens Centre 69 Western Road Sutton SM 1 2SX 0208722 0280	9:30am-11:30am
Tuesday	Balham Health Centre 120 Bedford Hill SW12 9HS 0208812 6200	2-3:30pm
	Eastwood Childrens Centre 166/168 Roehampton Lane SW15 4EU 02088716655	10-11:30am
	West Hill in the Park King George Park Buckhold Road SW18 0208 871 6655	2-4pm
	Breastfeeding London Café (SW19 3DS) run by IBCLCs, providing excellence in support and continuity of care. More information visit: www.breastfeedinglondon.co.uk To book please: call/text 07414 490 090 or email indira.lactationconsultant@gmail.com	9am -12pm Appointment only
Wednesday	Eileen Lecky Health Centre 2 Clarendon Drive SW15 4HR 02085446101	1pm- 2:30pm
	Southmead Children's Centre Princes Way SW19 6QT 0208 7884379	10:30-12pm
Thursday	Tweeddale Childrens Centre Tweeddale Rd SM5 1SW 0208404 1640	10-12pm
Friday	Franciscan Children's Centre Franciscan Rd SW17 8HQ 0208 672 3948	10-12pm

Lambeth and Southwark

Day	Venue	Time
Monday	Henry Fawcett Children's Centre Clayton St SE11 5BZ	10-12 pm
	Dulwich Breastfeeding Support Café Childrens centre Albrighton Rd SE22 8AH 0203049 7544 / 0203049 8858	10am-1130am
Tuesday	Crawford breastfeeding Support Café Childrens Centre SE5 9NF 07766307521 / 07342059114	1pm-3pm
	Liz Atkinson Childrens Centre Mostyn Rd, SW9 6PH	10am-12pm
Wednesday	Bermondsey and Rotherhithe Breastfeeding Support Café Southwark Park (entrance Hawkstone Rd) SE16 2PF 0203049 7103 / 0203049 7093	10am-1130am
	Streatham Hub children's Centre 388 Streatham High Road SW16 6HX	10am-12pm
Thursday	Peckham & Camberwell Breastfeeding Support Café Peckham Library (5 th fl) 122 Peckham Hill St SE15 5PR 0207138 7815 / 0203049 4828	10-1130am
Friday	Ellen Brown breastfeeding Support Café Ellen Brown Childrens Centre 145 Grange Rd, SE1 3EU 0203 049 7203 / 07766307521	10am-1130am
	Kingswood Childrens Centre Bentons Lane SE27 9UD	10am 12pm

Voluntary Sector Support in Wandsworth (run by trained breastfeeding supporters)

Day	Venue		Time
Monday	St Andrews Church, Laitwood Road SW12 9QH	Run by NCT and Le Leche Counsellors	10-12pm
	St Michaels Church 71 Wimbledon Park Rd SW18 5TT	Run by NCT Counsellors	1-2:30pm
Tuesday	Café Le Leche Merton Hillside Church 37 Worple Rd SW19 4JZ	Run by Le Leche leaders	10-12pm
Thursday	10-12 Gooseberry Bush 115 Kingston Rd SW19 1LT	Free, donations welcome	10-12pm

Telephone and Online Breastfeeding Support

St George's Hospital online info: www.stgeorges.nhs.uk/maternity/postnatal

First Steps Nutrition (Independent Public Health Nutrition Charity) www.firststepsnutrition.org

National Breastfeeding Helpline (0300 100 0212, open 0930-2130)

Association of Breastfeeding Mothers www.abm.me.uk (0844 412 2949)

Breastfeeding Network www.breastfeedingnetwork.org.uk (0300 100 0210, open 0930-2130)

Breastfeeding Network Bengali Line (07944879759, open 0930-2130)

Breastfeeding Network Drug Line (0844 412 4665, answerphone)

La Leche League www.laleche.org.uk (0845 129 2918)

'From Bump to Breastfeeding' film www.bestbeginnings.org.uk