

Anticoagulation for Left Ventricular Thrombus

This leaflet explains more about your diagnosis and the anticoagulation service.

If you have any further questions, please speak to a doctor or nurse caring for you.

What is a Left Ventricular Thrombus?

A left ventricular thrombus is a blood clot in the left ventricle of the heart. There is a risk that it can travel through the circulation and block blood vessels. This can be damaging to organs such as the brain and could cause a stroke.

Anticoagulation

Anticoagulation reduces the risk of complications associated with the clot. Dalteparin is an injectable form of anticoagulant that has been prescribed for this. Warfarin is an oral form of anticoagulant which will be initiated in the Anticoagulation Clinic.

What happens next?

You will be initiated on Dalteparin injections and booked into the first available appointment in the Anticoagulation Clinic at St George's Hospital which runs every Monday and Thursday morning. At this appointment you will see a Specialist Anticoagulation Pharmacist who will discuss treatment with you and start you on an oral medication.

These medications cannot be started by your GP so you **must** attend the appointment at St George's Hospital. Please bring a list of your current medications with you to the anticoagulation clinic appointment.

Contact

Please call the anticoagulation team on 020 8725 5443 the next working day at 9.00am. In the event of the injections being started on a Friday evening or over the weekend, please attend Anticoagulation Clinic 5, St James' Wing on the following Monday at 12.30pm and contact the anticoagulation team at 9.00am beforehand.

For more information leaflets on conditions, procedures, treatments and services offered at our hospitals, please visit www.stgeorges.nhs.uk

Additional services

Patient Advice and Liaison Service (PALS)

PALS can offer you on-the-spot advice and information when you have comments or concerns about our services or the care you have received. You can visit the PALS office between 9.30am and 4.30pm, Monday to Friday in the main corridor between Grosvenor and Lanesborough wings (near the lift foyer).

Tel: 020 8725 2453 **Email:** pals@stgeorges.nhs.uk

NHS Choices

NHS Choices provides online information and guidance on all aspects of health and healthcare, to help you make decisions about your health.

Web: www.nhs.uk

NHS 111

You can call 111 when you need medical help fast but it's not a 999 emergency. NHS 111 is available 24 hours a day, 365 days a year. Calls are free from landlines and mobile phones.

Tel: 111

AccessAble

You can download accessibility guides for all of our services by searching 'St George's Hospital' on the AccessAble website (www.accessable.co.uk). The guides are designed to ensure everyone – including those with accessibility needs – can access our hospital and community sites with confidence.

Reference: CLH_LVT_02 **Published:** May 2021 **Review date:** May 2023

