

Macmillan Cancer Information & Support Centre

Activities & Events

January—June 2019

Health & Wellbeing Events:

Peripheral Neuropathy Workshops

Friday 25/01 & Wednesday 26/06

10am-12pm

Booking required

Coping with Fatigue Workshop

Thursday 21/03

10am-12pm

Booking required

Health & Wellbeing Day

Wednesday 01/05

For patients post treatment

Programme to be confirmed

Booking required

Weekly Activities:

Walking Group

Tuesdays 12pm for 30-45 minutes

Departing from the Centre - Drop-in

Social Morning for inpatients

Start date to be confirmed

Thursdays 10am-11.30am

Gordon Smith Ward - Day Room - Drop-in

Monthly Workshops:

Look Good Feel Better

Tuesdays 05/02, 05/03, 09/04, 14/05 & Monday 17/06

2-4pm - Booking required

Headscarf-Tying Workshop

Fridays 18/01, 15/02, 15/03, 12/04, 17/05 & 21/06

10am-12pm - Booking required

For further information and to book:

Tel: 020 8725 2677. Email: cancer.information@stgeorges.nhs.uk.

Visit us at the Centre.