

A Special Anniversary Issue

This month marks the second anniversary of The Guardian newsletter and 5th October 2018 marks two years since the first doctors moved to the 2016 Terms and Conditions of Service (The New Junior Doctor Contract). So what has been achieved in the last two years?

Well, our Junior Doctor Forum (which also celebrates its first 2 years next month) has gone from strength to strength with a new Chair and Deputy Chair being elected for the second year running (more details to follow).



The Trust has also established a Medical Workforce Committee, led by the Medical Director and Medical Staffing which seeks to provide oversight to the issues facing medical staffing around St George's. This includes reviewing rota gaps and looking strategically at how priority areas can be supported.



There are also moves being made by the Trust to look at the issues raised in the NHS Improvement document [Eight high impact actions to improve the working environment for junior doctors](#) to ensure we have an environment at St George's which supports doctors in training. The Trust is also looking to sign up to the [BMA's Fatigue and Facilities Charter](#).

All in all great strides have been made and we hope that the Junior Doctors employed by St George's have felt and will continue to feel the benefits of these changes both now and in the months and years ahead.

"...Our Medical and Dental Staff are Integral to the fabric of St George's..."

This is the first line of the [Medical and Dental staff pages](#) on the public facing St George's website. These pages and the [GPLEO pages](#) on the Trust website have been hugely beneficial for staff employed by St George's.

They provide an accessible resource for staff to view key resources on employment issues, education, training and research and staff support. This has hugely reduced the number of queries Medical Staffing receives. Please let all your medical and dental colleagues know about this resource particularly if they are struggling to find advice relating to their employment and key support



Get set for Winter

[Winter last year](#) was bruising for the NHS. Pressures were felt right across elective and emergency care with staff (and patients) often experiencing the adverse effects of this.

For our junior doctors, it is imperative that plans for staffing are in place early in order to properly plan for the peaks in demand which we will inevitably see.

Already we are seeing this in practice with departments employing new staff in order to reduce rota gaps and using staff in alternative roles such as Advanced Clinical Practitioners, and Physician Associates to support medical rotas.

We would encourage all service leads and managers to start their preparation early in order to mitigate the risks this winter. A good starting point is the NHS Employers [guidance on good rostering](#).



Your Guardian will be sent every **two months** to all GP trainers across South London & Consultants employed by St George's.

A copy will also be sent to GP trainees across South London and Specialty trainees employed by St George's.

For further information please contact Guardianofsafeworking@stgeorges.nhs.uk

Junior Doctor Forum The next Junior Doctor Forum is on **Thursday 25th October 12.45, Room GVR 2.019 2nd floor Grosvenor Wing. THIS WILL BE A CLOSED MEETING FOR JUNIOR DOCTORS ONLY TO GIVE FEEDBACK TO THE CQC.** Please make sure all your Junior Doctors attend.