

Our new Medical Workforce Committee

Following a significant amount of work behind the scenes over the last two months, the inaugural meeting of the St George's Medical Workforce Committee took place last week, chaired by the Trust's Medical Director.

This is a landmark moment for the Trust. This committee will provide oversight to tackling the challenges we face in the retention and recruitment of medical staff, explore what medical models of care will look like in years ahead and consider what plans we need to put in place to address our workforce and training needs in the future.



It will review evidence such as the GMC trainee and trainer's survey and exception reporting data to identify our priority areas of need and will consider best practice guidance so that any forthcoming changes reflect the needs of our medical workforce as much as possible.

This committee brings together key individuals from workforce and education and will report to the board with its recommendations. We are in a time of significant change for issues relating to medical workforce and we hope this committee will be at the forefront of this change. We will keep you updated with progress so watch this space...

And breathe...

Serena Haywood has blogged this month about [Decompression](#). Its not all about diving but there are references to it and the need to peel off layers at the end of the day or week so that you can decompress, let your head become less full and, after some time, take on the world again.



Whatever our roles, either as doctors or managers, we take on lots, expect greatness from ourselves and often absorb the concerns of those around us, be they patients or colleagues. Knowing this, it is important for us to have time to reflect and decompress.

Building this time into our schedules is essential for ourselves and those we manage. And recognising those individuals who might be drowning under the weight, might help us salvage them and their patients from the wreckage that might ensue...

Next Junior Doctor Forum

Thursday 21 June 12.45, Room GVR 2.019 2nd floor Grosvenor Wing SGH
with carried forward Q&A with Ellis Pullinger, Chief Operating Officer
on Winter Pressures and CQCs latest report: [UNDER PRESSURE](#)

Freedom to Speak Up

In April, our Junior Doctor Forum heard from the Trust's Freedom to Speak up Guardian, Karyn Richards-Wright. She clearly outlined her role and how staff can anonymously or confidentially raise concerns regarding risk, malpractice or wrongdoing such as:

- Unsafe patient care
- Unsafe working conditions
- Inadequate induction or training for staff
- Lack of, or poor response to a reported patient safety incident
- A bullying culture

Staff can contact Karyn by phone on 020 8725 4001, by mobile on 07775 020247, or by email on karyn.richards-wright@stgeorges.nhs.uk

BE THE ONE WHO MAKES A DIFFERENCE STAND UP SPEAK UP

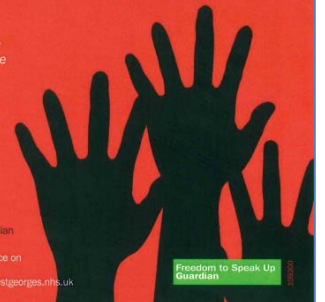
Do you have concerns?
Do you need to speak to someone for confidential advice and support?
You will be supported and are encouraged to raise a concern about risk, malpractice or wrongdoing.

Examples include but are not restricted to:
unsafe patient care • unsafe working conditions • inadequate induction or training for staff • lack of or poor response to a reported patient safety incident • a bullying culture

"We all have a responsibility to raise safety issues for the benefit of patients and staff alike"



Your Freedom to Speak Up Guardian is Karyn Richards-Wright
Karyn can be contacted in confidence on 020 8725 4001/ 07775 020247 or via email karyn.richards-wright@stgeorges.nhs.uk



Your Guardian will be sent every **two months** to all GP trainers across South London & Consultants employed by St George's.

A copy will also be sent to GP trainees across South London and Specialty trainees employed by St George's.

For more frequent updates please e-mail sunil.dasan@nhs.net