



The GMC National Training Survey

Last week the GMC's National Training Surveys for 2018 opened for foundation trainees, trainees, supervisors and GP supervisors. A number of important questions have been included this year:

In my current post, educational/training opportunities are **RARELY** lost due to gaps in the rota

I was given enough notice about my rota in advance of starting my current post

Copenhagen
Burnout
Inventory

In my current post, educational/training opportunities are **FREQUENTLY** lost due to gaps in the rota.

There is a six week window for completion ending on the 2nd May 2018. **It is important that all those who respond, do so honestly and accurately.**

Please take the time to complete the survey. At St George's we look forward to receiving and reviewing this valuable feedback from both trainees and supervisors in due course.

April changeover

Spring has sprung (sort of) and Wednesday April 4th sees many of our doctors rotate. As a reminder of what to expect when you move from post to post, here's a quick run through:

- Trainees should get a **generic work schedule** 6-8 weeks before they start **each placement**
- They should get their rota 6 weeks before starting so that they can give **6 weeks notice** for Leave early on in their placement
- They should receive log ins for **exception reporting** when they start – look in all your e-mail accounts (including spam /junk folders) for e-mails from **ALLOCATE** or **HEALTHMEDICS** (it may be **DRS** if you are a GP trainee at another Host Trust)

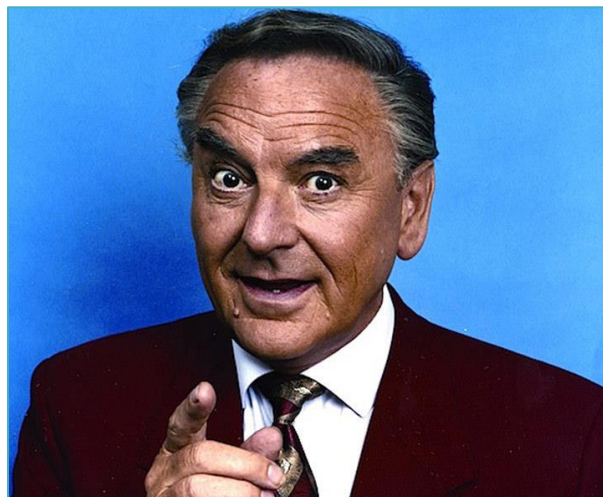
For those of you new to exception reporting, click [here](#) for a step by step guide for trainees and click [here](#) for the guide for supervisors. These only apply to the **ALLOCATE** system. Please contact the Guardian at your Host Trust for queries relating to **DRS**.

Being you

Serena Haywood has blogged this month about [being yourself](#) and about [not saying yes immediately](#), as saying yes may not be the best thing for you and those around you in the long run.

She has also blogged about those times when you might be [a bit wobbly](#) and not feeling at the top of your game. This could be for any number of reasons either at work or outside of it.

We all know that working clinically when you're feeling this way can be tough with the spectre of clinical error sometimes lurking around the corner waiting to catch you off guard. The important thing is to recognise when you're a bit wobbly, stay safe (both for you and your patients' sake) and do the things that will give you closure and get you back to being you again



Your Guardian

will be sent every **two months** to all GP trainers across South London & Consultants employed by St George's.

A copy will also be sent to GP trainees across South London and Specialty trainees employed by St George's.

For more frequent updates please e-mail sunil.dasan@nhs.net

Junior Doctor Forum: Doctors Mess Update

As a result of fines levied by The Guardian, the Junior Doctors Forum has access to over **£9,000** to improve the education, training and working environment of trainees employed by St George's. At the last Junior Doctor Forum, refurbishment of the Doctor's Mess was discussed. An environmental review of the Mess will take place in April with proposals for any new works thereafter. For more information, please contact [Dan](#) (Chair), [Hannah](#) (Deputy Chair) or [Kathy](#) (LTFT rep). The next JDF is on **Thursday 26th April 2018, 12:45pm, Rose Centre Seminar Room (opposite SGUL)**