

## August Rotas: The clock is ticking...

Our latest figures show that we have **277 trainees** at St George's who will be transferring onto the new contract **on 2 August 2017**. Within the next few days work schedules and template rotas will be sent out to trainees. However our latest data shows we have:

- 11 rotas which are compliant with the new contract**
- 23 which are not compliant** and
- Of the latter, **14 rotas require major redesign**.

### This is of concern.

For those rota coordinators putting finishing touches to their rotas, the following tips may help you build a degree of flex into your rotas.



- Keep your rotas average working week close to **46 hours**
- Keep the maximum hours in any 7 day period close to **60 hours**
- With shifts over 9 hours, make sure **2nd breaks** can be taken
- With 13 hour long days, build in realistic **handover times** to ensure prompt finishes
- **Annual Leave** should not be fixed into the working pattern
- Ensure **Study Leave** entitlements are incorporated into rotas

**These principles will reduce the risk of fines being levied in future** Please send your completed rotas and work schedules to Medical Staffing by **Friday 9<sup>th</sup> June 2017 at the very latest**. **This will ensure work schedules are sent to trainees 6 weeks before they start.**

## Fill your rota gaps now!

Our Junior Doctor Forum in May was our best attended ever. Over thirty trainees were in attendance and we gained valuable information from here and subsequent meetings on significant rota gaps in certain specialties.

It is clear that at present there is a lack of robust Trust information on rota gaps



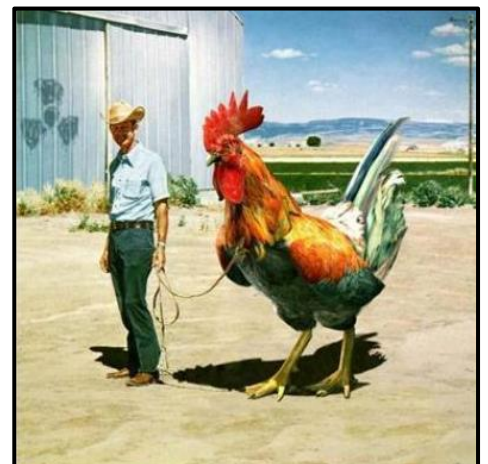
Over the next few days, departments should receive accurate data supplied by Health Education England about which trainees are joining them on 2 August 2017.

Our advice to services, specialties and departments is to start thinking **NOW** about recruiting to any known rota gaps for August. And if there are long term gaps with a significant risk of not being filled, **NOW** is the time to start thinking of alternative cover arrangements.

This could be through the use of Physician Associates, Nurses or other Allied Health Professionals with extended skills

## The low down on Taking a Break, Cockpit Culture and What is Resilience anyway?

Serena Haywood has been busy this month. In amongst everything else, she has written a piece on [Taking a Break](#). If you ask me, she needs to take her own advice (tee-hee)! Anyway, her blog piece is another chance to plug our [HALT campaign](#) and to remind everyone that Dr Mike Farqhar, Consultant in Sleep Medicine at Evelina London will be speaking at the Grand Round on **Thursday 29 June 2017 in the Monckton Lecture Theatre, Ground Floor, St George's Hospital between 12.45 and 1.45pm**. Do try and come along. Medical hierarchies and [Cockpit Culture](#) also get a look in as does a guest blog on [Resilience](#) and its relationship to LMF or Lack of Moral Fibre...(groan)



## Your Guardian

This regular monthly update goes out to all GP trainers across South London & Consultants employed by St George's. **A copy will also be sent to GP trainees across South London and Specialty trainees employed by St George's.**

If you would like a department or service based update on rota planning or to discuss possible strategies for rota gaps in your service, do contact me at [sunil.dasan@nhs.net](mailto:sunil.dasan@nhs.net)

**Next [Junior Doctors Forum](#)**  
**Tuesday 20 June 12:45pm**  
**Room GVR 2.019 (G2.9 Teaching)**  
**2<sup>nd</sup> floor Grosvenor Wing, SGH**  
**With invited rota update from**  
**GEMMA CASEY, GENERAL**  
**MANAGER, MEDICAL DIRECTORATE**