



GP Practices – Your responsibilities under the new trainee contract

This month's update is a General Practice special. [New guidance](#) has been issued this month to assist practices in developing work schedules for GP trainees working under the 2016 Terms and Conditions of Service from August 2017.

These new work schedules are likely to change timetables for GP trainees significantly. The key changes include:

- A maximum 40 hour working week
- Seven clinical sessions (inclusive of debrief and admin time) and three educational sessions
- Paid 30 minute breaks for days over 5 hours and two breaks for days over 9 hours. Work within a single day can no longer be split into separate periods.

A sample GP ST1 timetable is shown on the right.

GP trainees are supernumerary and on these new terms and conditions their work patterns are likely to reflect different patterns of work to their supervisors.

With most GP trainees changing to the new contract in August 2017, it is important for GP practices to start work on developing their trainee work schedules now. Key points to consider are:

- Work with your existing trainees to ensure work schedules are realistic & reflect actual work patterns
- Ensure adequate time is included for home visits – one hour per visit may be more realistic
- Rostering weekend working will have implications on pay and will be a cost pressure on practice budgets

Detailed guidance is on the [NHS employers](#) website and template documents can be found at the links below:

- [Work scheduling in general practice](#)
- [Template work schedule GP](#) (to be tailored to trainee personal and learning needs soon after commencement)

Please make contact with medical staffing at St George's early so that work schedules can be sent to trainees 8 weeks in advance of their start dates. Trainees will be actively encouraged to exception report in order to identify areas where published work schedules do not represent actual working hours or where learning opportunities are not being provided within work time. Further guidance on exception reporting in general practice settings can be found [here](#).

Monday	Tuesday
08.30 -11.30 Surgery 11.30 -12.30 Admin 12.30 -13.00 Lunch 13.00 -15.00 Visits 15.00 -15.30 Break 15.30 -18.00 Surgery 18.00 - 18.30 Emergencies	08.00 - 09.00 Partners meeting 09.00 -11.30 Surgery 11.30 -12.30 Admin 12.30 -13.00 Lunch 13.00 - 15.00 Surgery
Wednesday	
09.00 -12.30 Structured teaching programme 13.00 - 17.00 Peer groups / Personal study	
Thursday	Friday
08.30 - 09.30 Practice Education Meeting 09.30 -11.30 Tutorial 11.30 -13.00 Admin / Visits 13.00 -13.30 Lunch 13.30- 16.00 Surgery 16.00 - 16.30 Admin	08.30 -11.30 Surgery 11.30 -12.30 Admin / visits 12.30 -13.00 Lunch 13.00 - 15.00 Surgery 15.00 - 15.30 Admin

Next Junior Doctors' Forum: Tuesday 18th April 12.30pm
Lecture Theatre B (in the link corridor between St George's
Grosvenor Wing & St George's University of London)

Your Guardian

This regular monthly update goes out to all GP trainers across South London and Consultants employed by St George's. **A copy will also be sent to GP trainees across South London & Specialty trainees employed by St George's.**

If your GP practice would like a briefing on the new junior doctors' contract and the implications for you as a training practice, please let me know at sunil.dasan@nhs.net. I am more than happy to travel out to practices or attend training days. Just e-mail me and we can arrange a convenient time.

The Good, Bad and the Ugly

Serena Haywood has been a busy bee this month. Her blog [Putting the joy back into medicine](#) is about the Good changes doctors can make. Dr Clare Gerada (former chair of the RCGP) and her NHS Practitioner Health Programme get a mention. [Burnout is Bad](#). Read it. Even if its for the sake of your colleagues.

And the [Ugly Bully](#)
Who pressurises
Who singles out
Who moan about those they oversee, thinking they don't feel or hear...



You can read all of Serena's excellent blogs at [Recalibrate http://recalibr8.tumblr.com](http://recalibr8.tumblr.com)