



Support your Foundation Year 1 Doctors

Foundation Year 1 doctors at St George's will be transferring onto the 2016 Junior Doctor's Contract on 7th December 2016. If you are a Foundation Year 1 supervisor – **you will need to be aware of the new processes in the Contract and the issues and challenges this throws up for your FY1 and YOU as their clinical /educational supervisor.**

A significant pay issue for FY1s has already come to light as a result of the Contract and this is being taken forward through other channels. In addition, due to foreshortened timescales, FY1s will be receiving their paperwork (including their generic work schedules) less than 6 weeks prior to starting.

Therefore at the start of their placements and during December they will need significant input from their supervisors to understand and personalise their schedules in line with the Terms and Conditions of the Contract – **If you are a FY1 supervisor or have oversight of FY1s as a departmental education lead and require further 1-to-1 explanation of your roles and responsibilities under the Contract please contact me at sunil.dasan@nhs.net to arrange this.**

The 2016 Contract also formalises the process of exception reporting. The system allows trainees to record any instances where their pattern or hours of work, educational opportunities or support during service commitments falls outside that stated in their personalised work schedule.



From a working hours perspective, I am advising doctors on the 2016 Contract **to exception report all instances where they do not have breaks and, as a minimum all occasions when they stay at least 30 minutes or more beyond their rostered finish time.** Of course, doctors may wish to record times of less than 30 minutes. I hope that by encouraging our doctors to record and exception report late finishes and early starts, we will finally have a true picture of the hours worked by our trainees. This will allow us to give them the appropriate time off in lieu or payment for these additional hours.

Your Guardian

This regular monthly update goes out to all GP trainers across South London and Consultants employed by St George's. **A copy will also be sent to GP trainees across South London and Specialty trainees employed by St George's.**

My next update will be in December. However, if you have any questions about the 2016 Contract or would like any department based or 1-to-1 training on your roles and responsibilities in relation to the Contract, please let me know at sunil.dasan@nhs.net

Junior Doctor Forum

The inaugural St George's Junior Doctor Forum took place on 19th October. This was well attended by trainees, medical staffing representatives and GP training leads.

Dr Dagan Lonsdale, SpR in Clinical Pharmacology and Therapeutics and Dr Rob Seal, GPST2 were elected as Chair and Deputy Chair respectively. Congratulations to both of them.

The next Junior Doctors Forum is on **Wednesday 23rd November at 3.30pm in the Dining Room, Education Centre, St George's Hospital.** Amongst other issues, exception reports from the Obstetrics and Gynaecology Trainees at St George's will be discussed.

The forum is open to all doctors in training and non-training grade doctors employed by St George's and all GP trainees across South London. We look forward to seeing you at the Forum on the 23rd

When things go wrong...

These have been unsettling times at St George's, across South London and in the wider world over the past month. With the normal ups and downs of clinical medicine and the NHS, it may take just one more thing such as a gruelling shift, a clinical error, a negative comment to tip us over the edge.



We often think about how we cope in these situations only **after** the event. Take time to read Dr Serena Haywood's excellent blog **Recalibrate** <http://recalibr8.tumblr.com/> to help you...well...Recalibrate and prepare yourself for the road ahead.