



## The Junior Doctor Contract

Much has happened in the last month. Several of our Obstetrics & Gynaecology ST3+ trainees have moved onto the new contract and as their Guardian I have a formal obligation to safeguard their working hours.

Over the forthcoming weeks, they will meet with their supervisors to agree personalised work schedules. Thereafter, I will support them to highlight any aspects of their work which fall outside their agreed work schedules. I will also support departments in making sure they understand their obligations under the new contract and consider best practice when reviewing work schedules and clinical duties with their trainees.

For many Consultants and GPs much of the language in the contract will be alien. To this end Dr Ros Tilley, the Guardian of Safe Working at Guy's and St Thomas' (GSTT), has produced an excellent document which clearly and succinctly explains the terminology around the supervisor's and trainee's responsibilities.

Guy's and St Thomas' NHS Foundation Trust

### Junior Doctor Contract Processes Handbook

Personalised Work Schedule, Exception Reporting, Work Schedule Review and Locum Work Processes

The document can be accessed [here](#).

Although this is a GSTT branded document, the same principles apply to trainees employed by St George's.

I would urge both supervisors and trainees to read this carefully.

The next group of doctors scheduled to move to the new contract will be the Foundation Year 1 trainees on 7 December 2016. Again, please support your trainees by:

- Making sure you **know your obligations** under the contract
- Plan now so you are confident that they can **perform their duties and achieve their educational objectives during their scheduled work time** and
- Work with your unit & practice leads to ensure **trainees have the right support in place** to carry out their clinical duties

## Junior Doctor Forum

The inaugural St George's Junior Doctor Forum is set to take place on **Wednesday 19<sup>th</sup> October 2016**. This is a key milestone for trainees employed by St George's as this is the first time that such a forum will have existed.

At the set-up meeting in September, key elements of the Forum's constitution were discussed. These will be formally ratified at the meeting in October. A demonstration of the new system for exception reporting by trainees if their working hours or educational opportunities vary from their work schedules will also take place.



I am confident that this will become a powerful forum for doctors in training of all grades and disciplines and will be a positive force for change at St George's and beyond

I hope that all sections of the trust and the wider health community across South London will actively engage with the Junior Doctors Forum over the coming weeks and months

## Your Guardian

This regular monthly update goes out to all GP trainers across South London and Consultants employed by St George's. **A copy will also be sent to GP trainees across South London and Specialty trainees employed by St George's.**

My next update will be in November. However if you have any questions about the **Junior Doctors Forum, Guidance for Supervisors or Exception Reporting for working hours and educational opportunities** please let me know at [sunil.dasan@nhs.net](mailto:sunil.dasan@nhs.net)

## Further Guidance for Supervisors



**NHS Employers**  
Up-to-Date  
Information  
for Supervisors  
is available at  
[NHS Employers](#)



Free Webinars on creating work schedules, exception reporting and work schedule reviews

[18<sup>th</sup> October 2016 1-2pm](#) (click link to book)

[31<sup>st</sup> October 2016 1-2pm](#) (click link to book)