

Protocol 1

Management guidelines for unaffected women with a family history of breast and/or ovarian cancer

Category B1 surveillance

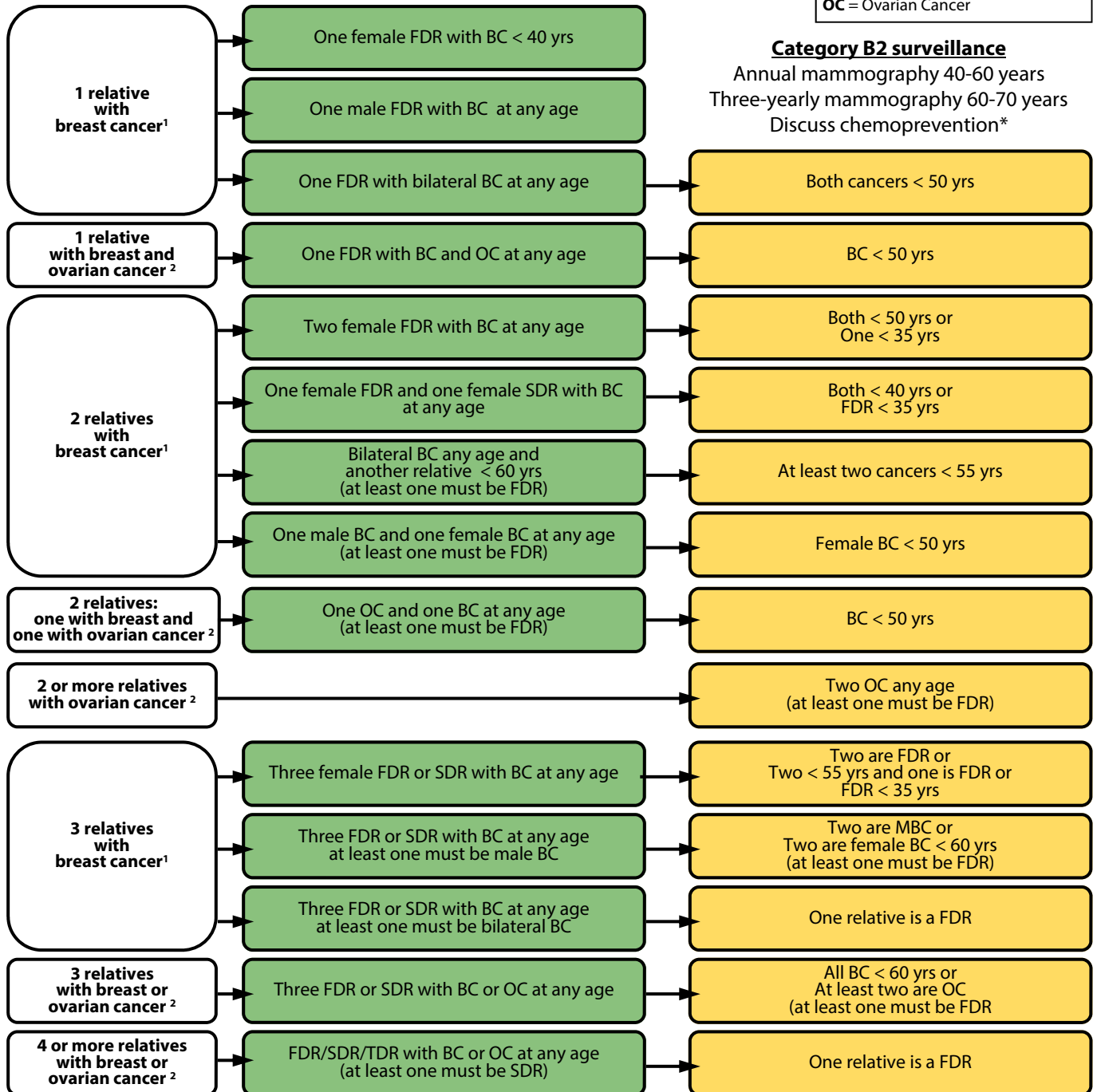
Annual mammography 40-50 years
Three-yearly mammography 50-70 years

Key

FDR = First degree relative
SDR = Second degree relative
TDR = Third degree relative
BC = Breast Cancer
OC = Ovarian Cancer

Category B2 surveillance

Annual mammography 40-60 years
Three-yearly mammography 60-70 years
Discuss chemoprevention*



Notes*

- If the consultee has breast cancer and has residual breast tissue, count as a FDR for surveillance recommendations
- An affected female SDR through a male FDR is equivalent to a FDR.
- One relative must be a FDR of the consultee, unless otherwise specified.
- Discussion of chemoprevention should include potential benefits and side effects & review of contraindications.

BRCA negative families*

- ¹ For breast only families, a negative BRCA test does not alter the mammographic surveillance category.
- ² For breast-ovarian families, a negative BRCA test, may alter mammographic surveillance category, which should be recalculated on the basis of the breast cancers in the family alone.
- ³ Recommendation of risk-reducing mastectomy is likely appropriate in only a small number of families and should take place only following discussion in the Genetics MDT.