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**Referral Criteria for Adults - Wandsworth Community Dietitians**

**Referrals will only be accepted on the Community Dietitian’s referral form and should contain all the information requested . All patients should be registered with a Wandsworth GP. Referrals can be emailed to** [**cswdietitians@nhs.net**](mailto:cswdietitians@nhs.net), **posted or faxed. Please attach EMIS report if possible.**

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| **REASON FOR REFERRAL** | **CRITERIA** |
| **DIABETES** | •Type 1 and type 2 diabetes (include blood results confirming diagnosis), impaired fasting glucose or impaired glucose tolerance  •Type 2 diabetes diagnosed< 1 year should be referred to DESMOND.  Specialist Diabetes referrals (type 1 and 2) should be sent to Beta Cell, Queen Mary’s Hospital |
| **WEIGHT MANAGEMENT** | • BMI ≥ 25 or self refer to Commercial Voucher scheme on 020 8871 5017 (Slimming World or Weight Watchers) |
| **CARDIOVASCULAR DISEASE** | •Primary or secondary prevention – include recent lipid profile /BP |
| **NUTRITION SUPPORT** | • Malnutrition/Underweight - identified as high risk by a MUST (Malnutrition Universal Screening tool) score of ≥ 2 (excluding anorexia or bulimia). For Must scores <2 please refer to [www.malnutritionpathway.co.uk](http://www.malnutritionpathway.co.uk)  • Swallowing / feeding difficulties after Speech and Language Therapy (SLT)assessment - SLT report to be attached  • Enteral Feeding eg PEG  • Review of prescribed Oral Nutritional Supplements (ONS)  • Pressure sores |
| **GASTROINTESTINAL DISORDERS / FOOD**  **INTOLERANCES** | • Inflammatory Bowel Disease (IBD) eg, Crohns Disease, Ulcerative Colitis  • Coeliac Disease (diagnosed by biopsy) – results to be attached and any recent blood tests  • Irritable Bowel Syndrome ( following exclusion of Coeliac Disease) - results to be attached confirming negative Coeliac screen  • Food intolerance |
| **NUTRITIONAL**  **DEFICIENCIES** | • Anaemia – blood results to be attached  • Other nutrient deficiencies eg Vitamin D, calcium - blood results to be attached |
| **OTHER DISEASE STATES** | • Dementia, cancer, HIV/AIDS, neurological condition, eg MS, MND, Parkinson’s Disease |
| **EATING DISORDERS** | We no longer accept referrals for people with eating disorders.  Refer to Specialist Eating Disorders Service, Psychological Therapies or Community Mental Health Team. |