

Photo credits Instagram @TheBlossomWarrior

## Join our new support group for people affected by Cancer 4<sup>th</sup> Wednesday of the month 2-3.30pm - Starting 24<sup>th</sup> May 2023

Geør

Join Jan & Estelle and discover the beautiful spots of nature within St George's Hospital.

Learn about biodiversity, how to capture its views with your smartphone as well as enjoy different outdoors activities and a lovely social time all around. Open to all abilities

For more information, contact Estelle , the Macmillan Health & Wellbeing coordinator

Estelle.legalliot@stgeorges.nhs.uk

or ask your Cancer CNS / Macmillan Support Worker to refer you.

