

# **Calendar of Events**

July 2019 —Jan 2020

## **World's Biggest Coffee Morning 2019**

Join us on Friday 27/09 10am-3pm

Macmillan Information & Support Centre, ground floor Grosvenor Wing

## **Health & Wellbeing Events**

## **Coping with Fatigue Workshop**

Thursday 12/09 10am-12pm Booking required

### **Singing Taster Workshop**

Monday 02/09 3.30pm-4.30pm Booking required

### **Health & Wellbeing Day**

Wednesday 23/10, 11am-3pm
For patients near/at the end of treatment
Booking required

### **Peripheral Neuropathy Workshops**

Jan 2020, date/time to be confirmed Booking required

## **Weekly Activities**

### **Walking Group**

Tuesdays at 12pm for 30-45 minutes Departing from the Centre (Drop In)

## **Social Morning for inpatients**

Tuesdays 10.30am-12pm Trevor Howell Day Room (Drop in)

### **Monthly Workshops**

### **Pampering Workshop**

Tuesdays 09/7, 05/11 2pm-4pm Booking required

## **Headscarf-Tying Workshop**

Fridays 16/08, 20/09, 18/10, 15/11 20/12 & 17/01 10am-12pm Booking required

#### For further information and to book:

Tel: 020 8725 2677 Email: cancer.information@stgeorges.nhs.uk Visit us at the Macmillan Information & Support Centre at St George's