

Macmillan Cancer Information and Support Centre

2020 Calendar of Events

January – June 2020

Health & wellbeing events

Peripheral neuropathy workshops

Wednesday 29 January 10am-12.30pm

Wednesday 24 June 10am-12.30pm

Booking required

Coping with Fatigue workshop

Wednesday 18 March 10am-Noon

Booking required

Skin fitness workshop for men

Tuesday 5 May 2pm-4pm

Booking required

Health & wellbeing day

4 May Time TBC

Voice Listening Event

Wednesday 10 June Time TBC

Weekly activities

Social morning for inpatients

- Trevor Howell ward day room (Drop in)
Tuesdays 10.30am-Noon
- Florence Nightingale ward day room (Drop in)
Wednesdays 10am-11am

Monthly workshops

Pampering workshop

Tuesdays 11/2, 14/4, 9/6 2pm-4pm

02/3 (25-40 years old only)

05/5 'Skin Fitness' for men

Booking required

Headscarf-tying workshop

Fridays 24/1, 21/2, 20/3, 17/4, 15/5

& 19/06 10am-Noon

Booking required

For further information and to book:

Tel: 020 8725 2677 Email: cancer.information@stgeorges.nhs.uk

Visit us on ground floor Grosvenor wing