London Stroke Pathway

What may happen to you after you have had a stroke and the help and support available in hospital and at home

When the stroke happens

Hyperacute stroke unit

Admission to hospital

- Assessment and management by a specialist stroke team
- · Quick access to brain scan and other tests
- · Start rehabilitation





Transfer to local stroke unit and continue rehabilitation

- · Getting you well enough to leave hospital
- Thinking about what you, your family and friends can do to help
- Finding out about managing after the stroke



Planning to leave hospital

Plans for your discharge from hospital will include you, your family, and might involve social services and the community rehabilitation team.

This includes making plans for:

- Practical help
- · Any equipment you need
- · Support for your carer and family
- · Support from other people who have had a stroke
- · Any ongoing rehabilitation
- You will be given information about living with stroke and about other services that will be helping you when you leave hospital
- You will be given a named contact

Rehabilitation and adapting to life after stroke

Rehabilitation once you are at home

You may be seen by:

- · Therapy staff
- · Social care staff
- Nurses
- The Stroke Association support worker

Social care assessment or review

- Finding out what help you and your carer need
- · Information on services that you can use

Support services

Voluntary organisations or charities e.g. local stroke clubs, carer groups

Help from your GP - checking:

- Blood Pressure
- Diet
- · Blood sugar
- Medication
- Cholesterol
- Mood

Some patients may go straight home from the hyperacute stroke unit

In hospital