

Ashford & St Peter's Hospitals (ASPH)

Anaesthetic Department
St Peter's Hospital
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Ashford and St. Peter's Hospitals NHS Foundation Trust serves a population of around 450,000 and is one of the largest Trusts in the Region and provides a full range of acute hospital services.

The two hospitals are located within 8 miles of each other in North Surrey and Southwest Middlesex. Towns in the area include Woking, Chertsey, Walton-on-Thames, Weybridge, and Staines. There are 650 beds in a range of specialties, a full imaging service with CT and MRI scanning and laboratory services.

The 650 bedded Foundation Trust was formed by the merger of the two hospitals in 1998. All surgical, medical and trauma emergencies are now admitted via St. Peter's with Ashford Hospital concentrating on elective orthopaedic surgery and day surgery.

St Peter's has 7 main operating theatres, including a hybrid theatre for Vascular and 2 maternity theatres on the Labour Ward. There are 7 operating theatres at Ashford Hospital, and a Pain Intervention theatre. The Critical Care and Outreach Service are located at St Peter's Hospital, with a recently expanded 15 bed ICU (II and III).

The trust has a chronic pain department recognised for higher and advanced pain training and ongoing fellowship position. The trust runs an active acute pain service. The Anaesthetic department has a total of 37 consultants, 1 associate specialist, 7 specialty doctors, 4 ST 5-7's, 4 ST 3's, 4 CT2's, 3 CT1's, 3 F1's, 2 clinical fellow.

CONSULTANT ANAESTHETISTS

DR R. BLOCK	Chronic Pain
DR M. BRAZIER	ICM
DR T. BUTT	Recovery Lead
DR G. CAMILLERI	Chronic Pain, Trust GIRFT Lead
DR J. COOPER	ICM, Acute Pain
DR C. CUNNINGHAM	Obs, Lead for POAC
DR M. DEVILE	ICM

DR R DUTTA	Chronic Pain
DR M. FLEET	Trust Lead for Simulation, Obs
DR R. GEORGE	Obs
DR. P. GILL	ICM, GOSW
DR. K. GREWAL	
DR. I. HART	Chronic Pain Lead
DR. P. HIGGINS	Obs
DR T. HUSAIN	Obs
DR A. KING	Chronic Pain
DR D. KRUCHEK	
DR M. KUBLI	Lead for Bariatric Anaesthesia
DR A. KUTTLER	Core TPD KSS, Lead Paediatric Anaesthesia
DR F. LLOYD JONES	Obs (Module Lead), Governance Lead
DR M. MACGREGOR	Vascular Anaesthesia Lead
DR J. MARGARY	Lead for Obstetric Anaesthesia
DR R. MENZIES	Trust Clinical Tutor
DR A. MILES	QI Lead
DR A. O'NEILL	College Tutor, NELA Lead
DR M. PARRIS	Clinical Director Anaesthetics and Day Surgery, ICM
DR. A. PARSONS	Clinical Director ICM and Anaesthetics, ICM
DR S. PATEL	
DR C. POCKNELL	Transfusion Lead
DR R. RAYMOND	Lead for Equipment, and Orthotrauma
DR D. ROBINSON	Airway Management Lead
DR B. SELICK	ICM
DR N. SHAH	ICM, STricT, Trust Lead for Resuscitation
DR K. SOMASUNDUNDARAM	ICM, Lead for Remote Anaesthesia
DR M. WATTIE	
DR I. WHITE	ICM Clinical Tutor
DR L. WIJARASIRI	ACSA Lead

Anaesthetic modules

- Airway Management
- Chronic Pain (higher & advanced pain training recognised)
- Day Surgery
- ENT, MaxFax, Dental Surgery
- General Surgery (including bariatric surgery), Urology, Gynae
- ICM (intermediate level recognition)
- Obstetrics
- Ophthalmic Surgery including paediatric (limited to minor eye surgery)
- Orthopaedics
- Paediatric and Special Dental surgery

- Perioperative Medicine (ATM submitted for approval)
- Regional
- Sedation, Non-Theatre, IR and MRI
- Trauma & Stabilisation (except Major Trauma – St Georges)
- Transfer Medicine – StricT Course
- Vascular

Additional Information –

Bariatric Surgery

The Bariatric service offers Sleeve Gastrectomy, Roux-en-Y Gastric Bypass, Intra-gastric Balloon insertion along with Gastric Band maintenance. The service is run by the Bariatric Multidisciplinary team, which meets weekly and comprises 2 Bariatric Surgeons, a Bariatric Dietician, Bariatric Specialist Nurse, Metabolic Physician, Consultant Anaesthetist, Clinical Psychologist, Consultant Psychiatrist, and a Bariatric Co-ordinator. High risk patients are seen in a fortnightly High-Risk clinic by an Anaesthetic consultant with a special interest in bariatric surgery.

Day Surgery

Most adult day surgical procedures are undertaken in the large day surgery unit at Ashford Hospital with all paediatric day surgery at St Peters Hospital. These include the following surgical specialties: gynaecology, general surgery, orthopaedics, dental, urology, ENT and eye surgery. Chronic pain lists also take place in the day surgery unit.

Obstetrics

The delivery suite has 4000 - 4500 deliveries per year. The Obstetric Unit has a Level III Neonatal Unit attached, which leads to the admission of high risk pregnancies and in utero transfers of extremely premature babies. High Risk referrals are seen on the Delivery Suite. This makes it a busy unit presenting a variety of pregnancy related anaesthetic challenges. Our trainees have been involved in the DREAMY study. The Maternity Unit has 40 hours of day time consultant cover per week. Out of hours consultant cover is shared with theatres and for trainees there is as a 1:8 on call rota with a shift pattern 0800-2015 and 2000-0815 hrs.

Vascular Surgery

The service currently provides opportunity to complete the vascular module at intermediate and higher level and will give the opportunity for a vascular clinical fellow post. We have both Open and Endovascular AAA repairs, and asleep and awake CEA. There is a Vascular High Risk Clinic, and active MDT process.

Perioperative Medicine

The department has a number of consultants with an interest in Perioperative Medicine, and runs General High Risk Clinics in addition to Vascular, Bariatrics and Obstetrics. We offer CPEX Testing, Anaemia Correction, Diabetic Specialist Nurse, and Enhanced Recovery. We are relaunching our Colorectal Enhanced Recovery Pathway, and are involved in PQIP, NELA and the Emergency Laparotomy Collaborative.

Chronic pain Service

The chronic team comprise of 2 consultants with only chronic pain commitment and 3 consultants with a special interest in chronic pain. The team is supported by a PA, psychologist and nursing team. Trainees are able to experience a large variety of chronic pain management. This includes clinics (consultant & Nurse led), procedure list and pain management programs. The Training is approved for intermediate, higher and advanced training.

Intensive Care

Ashford and St Peter's has got a 15 bedded ICU (level II & III), covered by 10 Consultants with an interest in ICM. Each day has two consultants covering the Unit and the active outreach team. Handover occurs between 0800-0900 and 2000-2100, with a consultant handover at 1700. Ward rounds are around 1000 everyday as well as thrice weekly microbiology rounds. There are also regular Clinical Governance meetings, teaching sessions, and MDT. Anaesthetic Trainees are joined on the unit by FY1s, IMTs and RMO's.

Trainee rotas

Obstetrics 1:8 mix between CT2 – ST7 and speciality doctors

ICM 1:8 mix between CT2 – ST7 and speciality doctors

Theatres 1:8 mix between CT1 – ST7 and speciality doctors

We encourage trainees to work as a team of 3 when on call. Each team will have a starred or most senior trainee identified, in order to provide additional support to more junior colleagues. 2 consultants provide out of hours cover at nights and weekends, 1 for theatres and obstetrics, and 1 for ICU.

Simulation

Our department has an active role in Simulation and Clinical Skills in the hospital. We currently have two simulation fellows and many of our trainees regularly take part in simulation training and as part of our faculty. We currently provide airway and obstetric testing for trainees in our simulator, as well as out of department simulations. Trainees on the Obstetric rota are expected to take part in PROMPT training during their time here.

Educational activities

Educational activities include the regional teaching protected teaching days for both CT1-2 and ST3-4, which are organised by the relevant School. We organise a regular

timetable of Wednesday morning protected teaching, followed by Journal Club. The Trust has a regular Quality & Safety half day (QUASH), which allow time for M&M, clinical governance and audit presentations. Trainees are encouraged to present at these meetings, and are welcome to provide teaching to others e.g. Simulation, POAC Nurse training, PGEC, and careers days.

Management module

You will have the opportunity to attend clinical governance meetings and other departmental management meetings. We can organise for trainees to meet and shadow Executive Team members including the Chief Executive, Chief Nurse, Medical Director, Finance Director and Head of Workforce, and we would encourage all ST5-7's to get involved with Divisional projects.

Exam preparation

In addition to protected exam focused teaching, there is educational support for trainees taking exams with in house viva practice, OSCE practice for the primary candidates and SAQ club and VIVA practice for final candidates. There is an extensive anaesthetic section in the post graduate library. There are also some exam and anaesthetic books in the anaesthetic department.

Facilities

Accommodation: There is on site hospital accommodation available and some limited married accommodation available depending on demand.

Office space: The anaesthetic office is located within the theatre complex and comprises a number of Consultant Offices, College Tutor's Office and a large Seminar Room. The Seminar room is equipped with computers, a coffee machine, a small and a sofa and is mainly for the use of teaching and training, tutorials, private study, WBA and any other education-related proposes as well as handover time meeting point. Further space and computers are available in the PGECs on both sites.

Rest Facilities: There are currently 2 on call rooms provided for Obstetrics (which is shared with NICU as a Relatives Room) and ICU (which is also shared as a Relatives Room). The Anaesthetic Seminar Room has a large sofa and camp bed. Additional facilities are provided by the Trust for those unable to safely drive home etc.