Kingston Hospital

Anaesthetic Department Kingston Hospital Galsworthy Road Kingston upon Thames Surrey KT2 7QB

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College Tutor: Dr Kate Stringer



Kingston Hospital is a 520 bedded District General Hospital serving a population of approximately 350,000 in South West London and Surrey.

There are 7 main theatres performing 6000 operations per annum (including all-day trauma and emergency lists).

There are 4-day surgery theatres performing 12,500 operations per annum, also 2 maternity and 1 dental theatre.

There are 11 critical care beds admitting approximately 550 patients per year. Kingston has the largest obstetric unit in the region with 5,800 – 6,000 deliveries per annum.

Consultant Anaesthetists and special interest

Hadi Alsahaf ITU Anne Blyth ITU

Jeremy Boyle General/Obstetrics
Brenda Buxton Lead for chronic pain
Deanne Cheyne Obstetrics and simulation

Yvette Coldicott Chronic pain

Alison Curtis ITU

Prahbu Gandhimani Chronic pain
Amira Girgis Lead clinician ITU
Joanne Glynn General and DSU

Preeti Goyal General and lead for teaching

Sally Howsam General and trauma

Nik Husain General
Girish Kar Obstetrics
Ram Kumar ITU
Britta O'Carroll-Kuehn General

Kaggere Paramesh Lead clinician anaesthetics and ITU

Sarang Puranik Chronic pain and simulation

Bernadette Ratnayake Acute pain, Lead pre-op assessment,

Abdulsatar Ravalia General
Nicole Richards General
Sharief Sharaf General
Carol Stableforth Obstetrics

Richard Stacey
Kate Stringer
Richard Waddington
Jim Zwaal

Lead for obstetrics
General and college tutor
Lead for paediatrics
ITU and ITU tutor

Surgical Specialities

In main theatres there are the following surgical specialities; general surgery (including enhanced recovery), trauma and orthopaedics, gynaecology, breast, urology and vascular access.

All elective cases are seen in the anaesthetic pre-assessment clinic (nurse and consultant sessions). CPEX testing is also offered.

There is a consultant led acute pain service with daily ward rounds.

Day Surgery

Day Surgery Unit consists of 4 theatres the types of surgery are; ENT, dental, ophthalmology, general surgery, endoscopy, paediatrics, gynaecology, chronic pain procedures, urology and orthopaedics.

Obstetrics

Our obstetric department has 2 theatres and undertakes approximately 5,800 to 6,000 deliveries per year with 30% epidural rate and 28% caesarean rate, roughly half are elective and the rest emergency. Remifentanil PCA's are also offered.

There is a consultant led anaesthetic antenatal assessment clinic where high risk women are seen.

Intensive Care

Kingston Hospital has a total of 11 critical care beds, for Intensive Care and High Dependency patients.

Annually there are approximately 550 admissions.

There are 7 ICU Consultants.

Each Consultant is rostered to cover the Unit for one week at a time.

Trainee Rotas / Modules

Kingston hospital 1:8 EWTD compliant rota of trainees complimented with Trust grade/Staff grade anaesthetists.

All aspects of basic level training are covered.

For intermediate and higher trainees modules in obstetrics, ITU, regional, chronic pain, paediatrics, management and the vast majority of general units can be provided. Advanced training in ITU is also offered.

Educational activities

Fortnightly regional core trainee anaesthetic teaching (rotating)
Fortnightly ST3 + teaching in-house
Monthly departmental clinical governance meetings
Weekly journal club meeting
Access to regional anaesthesia teaching programmes
Resuscitation training (ALS etc)
Simulation training
Also trust-wide audit and grand round meetings